

## Sermon Notes

**Big Idea:** Jesus' first sermon was designed to help his followers redefine what a relationship with God was designed to be like. The blessed life is both available and accessible, but requires a certain heart posture that includes being meek - *aka* surrender.

**The Christian life is not primarily about what you're doing, but who you're becoming.**

**Matthew 5:1-5 (NIV)**

**Step One: Humility**

**Step Two: Brokenness**

**Step Three: Surrender**

**Luke 15:17-19; 28-30 (NLT)**

**Meekness is not weakness, it's power under control.  
Who's in control of your life?**

**Psalms 46:10a (NASB)**

**The Wilderness: God's way of helping us get to the end of ourselves**

**Numbers 12:3 (ESV)**

**Exodus 33:12-20 (NLT)**

**Wilderness Test: Will you give up the things you want most  
in exchange for a closer relationship with Jesus?**

## Discussion Questions

- 1) What impacted you the most from this week's message? Encouraged you? Challenged you?
- 2) Who in your life would you consider to be a meek person? Explain.
- 3) Have you ever experienced a Wilderness season? What brought you to that place? Do you think you got out of it what God wanted during that time? Explain.
- 4) When's the last time you fully surrendered your life to Jesus? What were the results of that decision? Would you consider yourself fully surrendered now? Why or why not?
- 5) Grade yourself on the Wilderness Test: Will you give up the things you want most in exchange for a closer relationship with Jesus?