

Hope in the Dark Remind Your Soul

Sermon Notes

Psalm 42:1-11 (ESV)

¹As a deer pants for flowing streams, so pants my soul for you, O God.

²My soul thirsts for God, for the living God. When shall I come and appear before God?

³My tears have been my food day and night, while they say to me all the day long,

"Where is your God?" ⁴These things I remember, as I pour out my soul: how I would go with the throng and lead them in procession to the house of God with glad shouts and songs of praise, a multitude keeping festival. ⁵Why are you cast down, O my soul, and why are you in turmoil within me? Hope in God; for I shall again praise him, my salvation and my God.

⁶My soul is cast down within me; therefore I remember you from the land of Jordan and of Hermon, from Mount Mizar. ⁷Deep calls to deep at the roar of your waterfalls; all your breakers and your waves have gone over me. ⁸By day the LORD commands his steadfast love, and at night his song is with me, a prayer to the God of my life.

Hesed: faithful, steadfast, never-ending loving kindness and grace and mercy...

Psalm 42:9-11 (ESV)

⁹I say to God, my rock: "Why have you forgotten me? Why do I go mourning because of the oppression of the enemy?" ¹⁰As with a deadly wound in my bones, my adversaries taunt me, while they say to me all the day long, "Where is your God?" ¹¹Why are you cast down, O my soul, and why are you in turmoil within me? Hope in God; for I shall again praise him, my salvation and my God.

Psalm 43:1-5 (ESV)

Followers of Jesus Hope in the Dark

Discussion Questions

- 1) What impacted you the most from the week's message? Encouraged or Challenged you?
- **2)** Read Psalm 42:1. Have you come to a place in life where God is what you need most? Have you ever expressed this to Him? What does it 'look like' when you do?
- **3)** Describe a time where your faith and your fears collided? How were you able to get back to a place of hope? What did you learn from that experience?
- **4)** Read Psalm 42:8. How have you experienced the *hesed* (faithfulness, steadfast grace) of God? Has He ever met you in the midst of you pain like this? Explain.
- **5)** Do you ever hear the question, "Where is Your God?" from others? From the enemy?
- **6)** In your own words, why do you think Followers of Jesus Hope in the Dark?