

### **Sermon Notes**

**Devotion to Christ is the place where the human heart is most satisfied.**

**Disciples 'Make Space' for Devotion**

**Consistent *Devotions* are the only way to maintain Devotion.**

**John Chapter 6 – “I am the Bread of Life”**

**Devotions: A Time & Place for Bible & Prayer**

**Matthew 4:1-4 (ESV)**

**Fasting Mini-Teaching:**

***Everyone should fast something, no one should fast everything.***

***Abstaining from something (typically food) in order to Engage in something better***

***Fasting is Feasting***

**Deuteronomy 8:2-3 (ESV)**

**Exodus 16:13b-21 (ESV)**

**Devotions: The “Manna Way”**

- 1) Make Space: Time & Place**
- 2) Gather *your* manna**
- 3) Ask God, “What is it...?”**

### **Discussion Questions**

- 1) What impacted you the most from this week’s message? Encouraged you? Challenged you?**
- 2) Share ways that you “Make Space” for devotion to Jesus in your life. How has this changed over time? Do you need to make changes moving forward? Explain.**
- 3) Read Matthew 4:4. Share an example of how God’s Word has supernaturally sustained you in a moment of need.**
- 4) What are the “What is it...?” questions that you’ve been asking God lately? What has God been showing/telling you? What do you need or want to ask?**