

**Sermon Notes****Galatians 5:1 (NIV)****Jesus Saves****Justification – He has saved you – Past****Sanctification – He is saving you – Present****Glorification – He will save you – Future****Freedom: The power to make the righteous choice****Romans 6:12-23 (ESV)****Am I really Stuck?****1 John 1:5-8 (ESV)****Admit You're Stuck: Confess and Repent****Confess: To agree with God / 1 John 1:9 (ESV)*****The only thing in your life more destructive than sin, is unconfessed sin!*****Repent: To change your mind, to turn around / Luke 5:32, Psalm 51:17, Acts 3:19-20 (NLT)****Discussion Questions**

- 1)** What impacted you the most from the week's message? Encouraged or Challenged you?
- 2)** Read Galatians 5:1. How have you ever felt 'burdened again by a yoke of slavery?' How so?
- 3)** Is it hard for you to admit you're stuck? How does 1 John 1:5-9 encourage you to walk in the light?
- 4)** What does it look like for you to confess and repent on a regular basis?
- 5)** Read Psalm 51:17. If it difficult for you to embrace that God really desires us to have a repentant heart? Do you struggle with shame due to repent for the same things over and over again? What do you think God wants you to do next?