

Sermon Notes

Trust God with your Love Story

Song of Solomon 5:1-6:13 (NIV)

4 Root Causes of Conflict:

- 1) Miscommunication**
- 2) Unmet Expectations**
- 3) Selfishness**
- 4) Pride**

Pre-Fight Decisions:

- 1) I will not React, I will properly Respond.**
 - **The Four V's of 'React' - Volume, Venom, Vacate, Violence**
 - **Proper Response: Love and Respect**
- 2) I will focus on the Good and not the Bad.**
- 3) I will Talk, and never Walk.**

Discussion Questions

- 1) What Of the four root causes of conflict (Miscommunication, Unmet Expectations, Selfishness, Pride), which is your biggest challenge in relationships?**
- 2) Which of the three "Pre-Fight Decisions" is the biggest challenge for you to commit to?**
 - "I will not react, I will properly respond."
 - "I will focus on the good and not the bad."
 - "I will talk and never walk"
- 3) When it comes to the four V's of 'React' (Volume, Venom, Vacate, Violence) which do you struggle with the most? What can you do to work on this?**
- 4) Make a list of all of the things that you appreciate about your spouse. Set aside a time and share that list with them.**
- 5) Set aside a time to pray with your spouse about the content of this sermon. Commit to always defend the "WE" – and to let go of defending the "ME."**