

Sermon Notes

Galatians 5:1 (NIV)

Step 3: Attack Lies with Truth: Meditate on Scripture at 3 Key Times / Joshua 1:8 (NKJV)

- Every morning - Psalm 55:16-18 (NKJV)
- Every night - Micah 2:1 (NIV)
- Every time you are tempted - 2 Timothy 2:22 (NKJV)

Step 4: Analyze How Temptation Works / James 1:13-15 (NIV)

Anatomy of Temptation

1. Temptation (not a sin)
2. Conception (sin)
3. Death (sin is acted upon)

Dealing with Temptation

1. Temptation - Resist
2. Conception (sin) - Restrain
3. Death (sin is acted upon) - Repent

Make No Provisions for the Flesh (Romans 13:14)

- The way to deal with temptation is to prepare and preclude!
 - Grab ahold of the branches provided by Providence.
 - Keep moving forward.
 - God is interested in your direction, not perfection.

Discussion Questions

- 1) What impacted you the most from the week's message? Encouraged or Challenged you?
- 2) Last week, Pastor Chris taught the second step to freedom -- "Acknowledge where the Battle Begins." What did God reveal to you last week in regard to strongholds in your own life? Please, share as much as you are comfortable sharing.
- 3) Read Joshua 1:8. Why is memorizing and meditating on Scripture a key component of freedom, especially as it relates to future temptation? Read Joshua 1:8 for reference.
- 4) We talked about knowing our patterns and triggers when it comes to temptation -- Why do you think it's important to know your patterns and triggers? Do you know yours?
- 5) The best way to deal with temptation is to prepare and preclude." This week, ask yourself, "Where am I most often tempted and when am I most often tempted?" Secondly, what barriers will you put in place to limit the opportunity for temptation?