

## Sermon Notes

**Big Idea:** All of life works in Rhythms. Some are healthy, some are frantic, and some are downright destructive. God designed His most precious creation (you!) to operate with a rhythm that leads to truth, peace, and growth. The decision to establish your own rhythm with God is the most important choice you can make with your life.

### Your Rhythms dictate Your Results

**We make choices every day that either strengthen or erode our relationship with God.**

**Matthew 25:1-12 (NLT)**

### Are You Preparing?

- **How are you spending your time?**
- **Where are you placing your trust?**
- **What is your ultimate treasure?**

## Discussion Questions

- 1) What impacted you the most from this week's message? Encouraged you? Challenged you?
- 2) What is your initial response to the statement, "*We make choices every day that either strength or erode our relationship with God?*"
- 3) Read Matthew 25:1-12. If that parable came to pass tonight, which kind of bridesmaid would represent your life? Explain.
- 4) What kind of *Personal Preparation* are you most engaged in already? What kind of Sacred Rhythms are you most interested in learning about in the weeks ahead?
- 5) How would you answer the three "*Are You Preparing?*" questions?
- 6) Do you plan to start a Bible Reading Plan this year, and engage in the 21 Days of Prayer and Fasting? Share your plan/intent with others for accountability.