

WE > me: You're As Sick As Your Secrets Week #4

Sermon Notes

Three Things from James 5:

- 1. "Sins forgiven" = Jesus heals your spirit
- 2. "Sickness healed" = Jesus heals your body
- 3. "Sins confessed to one another" = Jesus uses others to heal your soul.

Me Needs We -- 2 Timothy 2:22

- Maximize the power of "with." Don't run alone. -- Proverbs 13:20 & Proverbs 11:14
- Don't just run from something, run to Someone -- Colossians 3:1-3 & 1 Peter 5:5

We Takes Humility -- Philippians 2:5-8

• Grace + Cooperation = Transformation

Ephesians 2:1-7

Discussion Questions

- 1) What impacted you the most from the week's message? Encouraged or Challenged you?
- 2) Proverbs 13:20 says "He who walks with wise men will be wise," how have you seen this in your life? Evaluating those who are surround you now, would you consider them wise men/women?
- 3) When we focus on our sin/struggles we tend to fall victim more easily to that sin. Instead we're called to cast our eyes on Jesus. Are you running towards Jesus or just trying to run from your sin? How can you daily focus on Him rather than your struggle?
- **4)** Mentorship/Accountability are vital for ALL believers. But not just anyone will do. We need people that will speak truth with love even when it hurts. Who in your life is digging deep under your surface, asking the tough questions? How are they effectively keeping you accountable?
- **5)** Joshua said that "Grace + Cooperation= Transformation," how have you been cooperating with the Holy Spirit to bring about your transformation?