



WHAT KEEPS ME FROM CONNECTING?

(Check any that apply)

- ☐ Fear of being fully known
- ☐ Past hurt or betrayal
- ☐ Busyness
- ☐ Comparison
- ☐ Trust issues
- ☐ I feel like I should be able to do this alone

What's my biggest barrier right now?

THE RIGHT PEOPLE

Ask this simple question: Am I better when I'm around them?

Healthy relationships share things like:

- ☐ Faith
- ☐ Values
- ☐ Goals
- ☐ Family priorities
- ☐ Life rhythms

THREE TYPES OF RELATIONSHIPS (You need all three)

- ☐ **Behind me** — people I'm helping
- ☐ **Beside me** — people walking with me
- ☐ **Beyond me** — people leading and sharpening me

Which one do I need to strengthen most right now?

WHAT RELATIONSHIPS SHOULD DO:

☐ **Encourage me**

"Encourage one another and build each other up." — 1 Thessalonians 5:11

☐ **Challenge me**

"Teach and admonish one another..." — Colossians 3:16

☐ **Sharpen me**

"As iron sharpens iron..." — Proverbs 27:17

WHERE DO I START? Just Start!

- ☐ Invite someone to coffee or lunch
- ☐ Join a Hill Group
- ☐ Serve with a team
- ☐ Reconnect with someone I've drifted from
- ☐ Pray for God to bring the right people into my life

Next Steps

Who will I connect with?

Who will I pour into?

Who will I let pour into me?

REMEMBER:

Building community is not a suggestion. It's God's design.
You need someone And someone needs you.