

**Psalms for the Seasons**  
**For the Seasons of Guilt – Psalm 32**

**Intro:** Guilt (false, forced, factual) is a season of life that each of us have experienced.

**I. \_\_\_\_\_ of Salvation – Psalm 32:1-2**

Once you have confessed your sin and your need of forgiveness and trusted Jesus Christ to be your Savior, your guilt has been removed.

- A. Transgression \_\_\_\_\_
- B. Sin \_\_\_\_\_
- C. No \_\_\_\_\_ Iniquity
- D. No \_\_\_\_\_ - Deliberate Cover Up.

**II. Acknowledgement of \_\_\_\_\_ – Psalm 32:3-7**

- A. \_\_\_\_\_ w/o Acknowledgement – 32:3-4  
(Physical, Spiritual. Emotional)
- B. \_\_\_\_\_ with Acknowledgement – 32:5
  - 1. \_\_\_\_\_ – Cf. 1 John 1:9
  - 2. \_\_\_\_\_ – 32:6-7

Not acknowledging sin means factual guilt remains; and problems will only increase.

Allow God to guide with the Scriptures, even when it is not the easiest thing to do. . **(Cp. David and Ahithophel)**

**III. \_\_\_\_\_ with Scripture – 32:8-11**

- A. \_\_\_\_\_ – 8-9
- B. \_\_\_\_\_ – 10
- C. \_\_\_\_\_ – 11

**Conclusion:** The person that is inclined to God's ways is the one that will be most protected against incurring factual guilt.

## Small Group Questions

### Develop

1. Did you ever ignore an injury or an engine light? What happened?
2. Why should guilt not be ignored?

### Dig

1. What are the differences between false, forced and factual guilt?
2. Read Psalm 32:1 - How does having the assurance of salvation help a person struggling with "past" factual guilt?
3. Read Psalm 32:3-7
  - What are the basic things being contrasted?
  - What is the main difference between keeping silent over sin and confessing sin?
  - What promises are given to those that confess their sin?
  - Compare how David responded to his sin versus the way in which Ahithophel did? What is a key application for you.
4. Read Psalm 32:8-11. What are the three things that God will do for a person that seeks to align himself with the Scriptures?
5. In verses 10-11, what is the true goal of forgiveness in the areas of both our attitudes and actions

### Do

- 1, How has this study helped you with understanding how to respond to seasons of guilt?
2. What is one thing that you can do differently concerning false, forced, or especially factual guilt in your life?