

**“G” is for Church
Godliness – 1 Timothy 4:6-11**

Intro: What kind of shape are you in today? Are you in an exercise program? Paul wants Timothy to exercise himself toward godliness.

1. Seen in the _____ in Paul’s Words – 4:1-3
2. Seen in the _____ in Paul’s Words – 4:7
3. Seen in the _____ in Paul’s Words – 4:9
(1 Timothy 1:15; 1 Timothy 3:1; 2 Timothy 2:11; Titus 3:8)

The person that exercises towards godliness that reaps the benefits.

I. _____ – 4:1-3

Where there is a _____ of exercising towards godliness there is a departure from _____ (4:1), which leads to undue influence by _____ (4:1), a searing of the _____ (4:2), and an establishing of one’s own _____ (4:3).

II. _____ – 4:6

Basic Law – “If you do this...you will be this...”

It is challenging to model _____, but not impossible.

III. _____ –

A. _____ – 4:7

B. _____ what is Profitable – 4:8

Annie Dillard – “How we spend our days is how we spend our lives.”

C. _____ to Quit – 4:10

- “Labor” = Exert great effort to the point of exhaustion.

- “Suffer Reproach” = agonize

Why would Paul say “this is what we do?” The goal of the Christian life is not instant happiness and fulfillment, but rather eternal joy in God through living for the glory of God as we exercise ourselves towards godliness.

Conclusion: The “whatever it takes” mindset to achieve our goals in life is necessary. Even more, the “whatever it takes” mindset is the one that we who are Christians must continue to have in the pursuit of godliness.