

Sermon Discussion: Exodus 16 - Bread from Heaven

(Designed to move from hearing → seeing → receiving → responding)

1. Re-enter the Text (Read the Text together)

What did God say? (Pick 1 question to focus on each week)

- What stood out to you from the passage or sermon this week?
- Was there a word, phrase, image, or moment that lingered with you?
- What do you think the Spirit was highlighting—not just to understand, but to notice?

2. Behold God

What is this showing us about who God is?

Formation begins with our **vision of God**, not a vision of self-improvement.

- What does this passage reveal about God's character, heart, or ways?
- What does God's provision of manna for the people say about who God is?
- How does this passage invite us to trust or worship God more deeply?

3. Reflect on Us

What is this revealing in us?

This is about **honest awareness**, not self-accusation.

- Why do you think Israel so quickly forgets God's past faithfulness?
- What is your natural response to the idea that God provides ENOUGH?
- Where do you see yourself in the pattern of fear, grumbling, or nostalgia for "Egypt"?

4. Receive the Gospel

What is God offering us here?

This is the hinge—**before** application, we receive.

- What is God inviting Israel to learn about trust and dependence?
- How does this passage prepare us to understand Jesus when He says, “I am the bread of life”?
- What would it look like to receive this truth as a gift, not a demand?

Gospel clarity without rushing:

God does not say, “*Get it together and then I'll feed you.*”

He feeds them **while they are grumbling.**

That's grace before growth.

(This keeps the conversation from drifting into moralism or quiet despair.)

5. Respond in Faith

How might this shape our lives—slowly and concretely?

Not “try harder,” but **walk with God.**

- Is there a small, faithful response this passage invites?
- What might obedience look like this week—in thought, desire, or action?
- Where do you need God's help to live this out?

(God is forming us into people who depend on the Spirit, not checklists.)

6. Pray It In

Let the Word turn into prayer.

- Thank God for specific ways He has provided for you—seen or unseen.
- Confess areas where fear or impatience has shaped your responses.
- Pray for one another in light of the ways you share that you need God's provision AND for your willingness to trust God to give you what you truly need a day at a time.