

Lord Over Our Anxieties

Jesus: Lord of All – Part 8

Luke 12:22-34

Wouldn't it be great if we could rid our lives of worry? It's tough not to worry about our children and grandchildren, financial or job pressures and health concerns, among other things. But Jesus reminds us in this Scripture passage that he will take care of us—we do not need to worry. As Christians, we are to be characterized by faith, not fear. Let's look at how we can help make Jesus Christ the Lord of our anxieties and live lives free of worry.

I. Understand that worry is a _____ that can be _____.

A. It's important that we distinguish between _____ and legitimate _____.

B. Jesus _____ us not to worry for good reason.

1. Worry wastes _____ and _____. (Lk. 12:25)

2. Worry impairs our _____.

3. Worry erodes our _____.

4. Worry harms our _____. (Lk. 12:11-12)

5. Worry often distorts our _____ and results in _____ behavior.

6. Worry _____ God. (Lk. 12:28)

C. Worry _____ be overcome. (Phil. 4:6-7)

II. Develop a realistic _____ in the _____ of God.

A. God is so good that he provides the _____ needs for the _____ of his creation.
(Lk. 12:24-28)

B. Let's be realistic in our trust – God's providence does not mean _____ from difficulty.

III. Keep your daily focus on the _____, not the _____.

A. The reason we worry is that we have our _____ on this world _____.

B. If your primary focus is the _____ of God, everything takes on a different perspective.

C. How can we develop a spiritual focus?

1. Become a _____.

2. Worship him _____.

3. Review God's _____. (Ps. 3:5-6; 46:1-2; 91:1-2)

4. Lay up treasure in _____. (Lk. 12:33-34)

5. Learn the art of living _____ day at a time. (Mt. 6:34; Ps. 118:24)