



Freedom from anxiety isn't found in a quick fix, but in ongoing trust and faithfulness. Jesus invites us to relinquish control of our lives, humbly submitting our fears to the One who holds the universe in His hand.

Key Scripture: *1 Peter 5:6-11*

There's a correlation between pride and anxiety.

1. Pride makes me _____ - _____.
2. Pride refuses to _____ for _____.
3. Pride has _____ issues.

Two encouragements...

1. Don't be _____ by it.
2. Remember, it's _____.