



Peace isn't merely the prize we want to win in our battle against anxiety—it's the weapon God offers us to secure true victory. With the Lord of perfect peace defending us, we are safe to lay our anxious thoughts at His feet.

Key Scripture: *Philippians 4:6-9*

Three categories of anxiety:

1. The _____.
2. The _____.
3. The _____.

The Apostle Paul's prescription for battling anxiety:

1. _____ about _____. (v. 6)
2. _____ about _____ things. (v. 8)
3. Live for God in _____, _____. (v. 9)