

February 25, 2024

Suncrest

United Methodist Church

Rev. Larry Buckland, Pastor Angela Smith, Dir. of Music
Christina Hostutler, Congregational Life Director
479 Van Voorhis Road, Morgantown WV
304-599-6306 TEXT: 304-641-7862
media@suncrestumc.org www.suncrestumc.org

Traditional Worship 9:00 am

Mark Markel, Lay Leader

Angela Smith, Music Director

Prelude

“Jesus, Keep Me Near the Cross”

arr. Hayes

Piano: Graham Sterling

Welcome/Morning Prayer

(Pre-K through 5th Grade dismissed to “The Neighborhood”)

The Call to Worship

God welcomes the dreamers and the doubters,

the courageous and the fearful,

the hungry and the hopeful,

the impatient and the reserved.

God welcomes the young and the old,

the poets and the prophets,

the faithful and the tired,

the curious and the convicted.

Wherever you are on your journey,

wherever your boat is at sea,

there is room for all to gather here.

This is God’s house.

Let us worship the one whom even the seas obey.

“Eternal Father, Strong to Save (vs, 1-3)”

2191 TFWS

Prayer of Confession

Gracious God,

There are days that threaten to swallow us,

days when the storms of life feel too big.

In those moments, we often cling to the sides of our ships in fear,

spending more energy hiding from storms than looking for you.

Forgive us for doubting ourselves.

Forgive us for doubting you.

Rescue us from the storms of today and from the fears that trap us.

With hope in our hearts we pray.

Amen.

Gloria Patri

Prayer for Understanding

The Scripture

Matthew 14:22-33

Chuck Badger

**Sermon Series:
Wandering Heart: Figuring Out Faith with Peter
The Message: “Rescue Me from Danger”
Rev. Larry Buckland**

The Offering

Offertory

“Go Not Far from Me, O God”

Zingarelli
Chancel Choir

**February Noisy Offering: Salvation Army’s Utility Bill
Support Fund for Those in Need**

Please drop your loose change in the bucket and pass through the pew to the ushers.

Doxology

Prayer and Lord’s Prayer

“Precious Lord, Take My Hand”

474 UMH

Opportunities

**Benediction Response “Lord, Listen to Your Children Praying”
2193 TFWS**

Postlude

“Savior, Again to Thy Dear Name”

arr. Rutz
Organ: Graham Sterling

Contemporary Worship 11:00 am

Sheree Wetzel, Lay Leader

Rich Chaffins, Contemporary Music Director

“You Are Good”

“Come Thou Fount”

Morning Prayer

“King of Love”

Greeting

A Time Mostly for Children

Courtney Brown

(Pre-K through 5th Grade dismissed to “The Neighborhood”)

**February Noisy Offering: Salvation Army’s Utility Bill
Support Fund for Those in Need**

Prayer for Understanding

The Scripture

Matthew 14:22-33

Ryan Ford

**Wandering Heart: Figuring Out Faith with Peter
The Message: “Rescue Me from Danger”
Rev. Larry Buckland**

Invitation to meet with God

Offertory

“In Times of Trouble”

- Prayers for others – light a candle and pray for someone on your heart today. Come to the prayer rail and spend time with God.
- Prayers for you – meet Pastor Larry at the prayer rail for anointing and prayer.

Opportunities

“I’m So Blessed”

MUSICIANS:

Emily Arnett, Alise Chaffins, Rich Chaffins,
Curtis Johnson, Raia Redick, Issac Ridgely

SUMC PLAYLIST

Scan the QR code if you enjoy the music the worship team brings us each week. We’ve made a Spotify playlist that is updated every Tuesday and features the music for the coming week’s service!



Confirmation

All families with children who are in the 7th grade and up and who have not been confirmed are invited to be a part of the 2024 confirmation class. Pastor Larry will hold a parent meeting on Wednesday, March 13, at 6:00 pm on the 3rd floor. Confirmation Class will be held on Friday, April 19, or Saturday, April 20, from 10:00 am until 2:00 pm with lunch provided. Confirmands will need to attend only one class. Confirmation Sunday will be May 19, 2024. If you are interested in being a part of the confirmation journey, please contact Christina at media@suncrestumc.org or call/text 304-641-7862.

Would you like to help serve communion in worship?

If so, please call or text (304) 642-7862 or email media@suncrestumc.org and we will get you into the rotation to serve in the service that you attend. Pastor Larry will follow up with you and explain the details.



The Suncrest Crafters

will meet this Wednesday, Feb. 28, from 5:00 to 7:00 pm in Hart-

ley Chapel. We will be making gift boxes from craft paper. Please bring scissors, a pencil, and a yardstick. Craft/scrapbook paper will be provided. If you are currently working on another type of project, feel free to bring it as well. Suncrest Crafters is open to anyone 16 years or older who enjoys crafting. Contact Susan Dotson at 304.685.5947 or sdotson925@gmail.com.

NEW SERMON SERIES

Wandering Heart

Figuring out faith with Peter

3/3 "Praise the Mount" Matthew 16:13-20

Peter claims his faith. If you had to speak your faith in one sentence or phrase, what would you say? When we have the courage to say, "This, I believe..." then that conviction has a ripple effect on others. When life gets rocky, we lean on mountaintop moments and our deepest convictions to see us through.

3/10 "I'm Fixed Upon It" Matthew 16:21-23

3/17 "Teach Me" Matthew 18:15-22

3/24 (Palm Sunday) "Songs of Loudest Praise" John 12:12-16

3/31 (Easter) "And I Hope" Luke 24:1-12

Thank You Volunteers!:



**Cathy Hamilton,
Volunteer Preschool Teacher
and Dawn**

Cathy is a retired preschool teacher who teaches the preschool Sunday school class, which she has taught for many years. She is a grandmother of 4 grandsons, who all live in Pennsylvania. Cathy is also "Grandma Cathy" to a special friend's daughter, here in town.

She has been active with dogs since childhood and has enjoyed being active with AKC purebred activities. Cathy currently teaches puppy kindergarten classes with the Mountaineer Kennel Club and enjoys her free time with her dog, Dawn, who is a Nova Scotia duck tolling retriever, better known as a

duck toller. Dawn and Cathy love going for walks and runs every day. Their "happy place" is renting a cottage in Canada with their family.



**Deveran George
Senior High Youth Volunteer**

Deveran George grew up in a small Methodist church in Knotts-ville, WV. When she moved as an adult to Morgantown, she began attending Suncrest with her family and became a member. She works as a human resources leader in the healthcare industry, serves on the Suncrest Early Learning Center Board, and is assisting Pastor Larry with the SUMC Senior High Youth Group. She is married to Shawn, and they have two teenage children, Tanzer and Autumn.

LENTEN LUNCHEON SERIES

Wandering Heart

Figuring out faith
with Peter

**Wednesdays
12:–1:00pm
in Old Drummond**

The series
will feature
guest speakers,
special music,
and
delicious food.



Approximately 45 people attended our first Lenten Luncheon in Old Drummond. This week's Lenten Luncheon will feature guest speaker Rev. Dr. Matthew Paugh, senior pastor at Bridgeport UMC.



HAPPENING @ SUMC THIS WEEK

Today, Sun., Feb. 25

Traditional Service 9:00 am
 Children's Church 9:00 am
"The Neighborhood," 3rd Floor

Christian Education 10:00 am
 Senior High Youth 10:00 am
3rd Floor

Contemporary Service 11:00 am
 Messy Church 10:00 am
Cowan Hall

Rooted Youth Group 11:00 am
3rd Floor

College Brunch 12:00 pm
Old Drummond
Hosted by Hunter and Kristen Barbour

Mon., Feb. 26

Arthritis Fitness Class 5:00 pm
 Balance Fitness Class 5:30 pm
Old Drummond

Finance Committee 6:00 pm
Hartley Chapel

Tues., Feb. 27

Upper Room Discipline 10:00 am
Hartley Chapel and Zoom

Suncrest Singers 3:45 pm
 Middle School Youth 6:00 pm
(5th - 6th Grades, Old Drummond)

Dolly Hyre Circle 6:00 pm
Old Drummond

Cub Scout Pack 60 6:15 pm

Drummond Ringers 6:30 pm
 Troop 65 7:00 pm

Wed., Feb. 28

Upper Room Zoom Study 10:00 am
 Lenten Luncheon Series 12:00 pm
Old Drummond

Guest Speaker: Rev. Dr. Matthew Paugh

Library Meeting 12:00 pm
Kelsey Wilkins Library

Suncrest Crafters 5:00 pm
Hartley Chapel

Arthritis Fitness Class 5:00 pm
 Balance Fitness Class 5:30 pm
Old Drummond

Middle School Youth 6:00 pm
(7th-8th Grade, 3rd Floor)

Thurs., Feb. 29

Men's Breakfast (Zoom) 7:15 am
 Peace With Justice 12:00 pm
Hartley Chapel

Suncrest Ringers 4:00 pm
 Chancel Choir 6:30 pm

Fri., March 1

Chinese Fellowship 7:00 pm



Lunch Outing Planned!

Sunny Day Seniors will meet Wed. March 6th at 11:30 a.m. at **Eureka Café in Wiles Hill** for a time of fellowship and food. Lunch costs are on your own. Please contact Libby Davis at (304) 599-5993 if you are coming so reservations can be made in advance.



BIBLE STUDY OPPORTUNITIES

Spiritual Growth

Enriching Fellowship

SUNDAYS AT 10 AM

Second Coming of Christ

Meets in Hartley Chapel

Paul and Maria Reidpath are offering a Bible study based on the study by Dr. Timothy Paul Jones.

The Great Courses

Meets in the Kelsey Wilkins Library

The Catacombs class is utilizing the Great Courses video series, *The Story of the Bible*, presented by Professor Luke Timothy Johnson.

The Gospel of Mark

Meets in Old Drummond

A study based on the book, *The Gospel of Mark*, by A.J. Levine will be offered through March. The book features an in-depth study of select passages and illuminates the Gospel in its historical context and as a source for the other gospels. Please call the church office to obtain a copy of the book.

TUESDAYS

Hybrid Study with Pastor Larry

Meets in Hartley Chapel and ZOOM

This weekly study meets Tuesdays at 10 am and will begin using the 2024 *Upper Room Disciplines* book and will adapt materials to different seasons and relevant topics.

WEDNESDAYS

Upper Room Bible Study

Meets on ZOOM

All are invited each Wednesday at 10 am for *Upper Room* Zoom. We will read the scripture and devotion and then discuss the message for the day. Be sure to grab a copy of the *Upper Room* available at the back of the sanctuary and join us.

Meeting ID: 824 3971 4940

Passcode: 803713

Lenten Luncheon Series:

Wandering Heart,

Figuring Out Faith with Peter

Meets in Old Drummond

This new study takes place on Wednesdays from noon until 1:00 p.m., and will continue through Lent. The series will feature guest speakers, special music, and delicious food. This week's guest speaker is Rev. Dr. Matthew Paugh.

THURSDAYS

Men's Breakfast Bible Study

Meets on ZOOM

Open to men of all ages. This study group meets on ZOOM Thursdays from 7:15 am to 8:00 am. Please call the church office for the Zoom link.



FINANCE COMMITTEE REPORT

to the congregation



Church Family,

Before we move on and address the 2024 fiscal year at Suncrest United Methodist Church, the finance committee is sharing the results from last year.

As you will see below, the Church’s General Operating Budget was able to finish the 2023 fiscal year with only a small loss thanks to the generosity of our membership.

General Budget (Annual}		Actual through December 2023	
Income	\$820,000	Income	\$775,085
Expense	\$820,000	Expense	\$776,995
Balance	0	Balance	-\$1,910

There are several items that are important to note from FY2023:

- While our income did not meet our projections, the church staff has done a great job of managing our expenses throughout the year to offset the shortfall.
- We were able to fulfill the Church’s total apportionment payment by December 31.
- There are a number of new programs and new ideas that are breathing new life into our Church. The new year under Pastor Larry will be an exciting time as we focus on growth.

We will share the 2024 budget in the very near future. The actual results from the past year will provide the framework for the new budget.

Thank you for making Suncrest United Methodist Church an important part of your life. If you are able, please join us in-person during the Sunday worship services, especially during Lent and Easter, or watch online via the SUMC app. Your support of the Church through your tithes and offerings is very much appreciated.

Mike Parsons, Chair,
SUMC Finance Committee

P.S., Should you have specific questions regarding the general church budget, we welcome the opportunity to provide you additional information. Please contact the Church office, and we will be happy to respond.

SUMC Apportionment Report	
2023 Apportionment	\$219,105
Apportionment Paid through December	\$219,105
Percentage Paid	100%
Apportionment Due by December 31	0

Monthly Income to SUMC General Budget (Includes offerings, loose change, and Sunday School collections)				
<i>Month</i>	<i>2020</i>	<i>2021</i>	<i>2022</i>	<i>2023</i>
January	67,343.91	85,690.80	88,996.91	76,657.04
February	62,835.81	64,220.21	58,347.29	54,690.29
March	87,900.80	50,962.93	62,332.95	50,692.12
April	82,806.41	54,846.17	72,250.25	60,433.25
May	66,335.90	73,926.53	60,527.79	39,454.96
June	47,562.60	66,478.00	55,864.00	49,928.00
July	62,641.46	47,329.00	69,051.79	56,051.00
August	62,090.94	62,432.29	48,930.29	46,079.25
September	73,715.50	50,559.00	54,093.25	58,724.60
October	51,423.37	94,762.12	63,544.00	63,101.32
November	56,721.69	61,613.29	71,942.81	77,055.59
December	81,649.93	76,718.31	86,940.87	80,701.04
Total	803,028.32	789,538.65	706,881.33	713,718.46

Giving Options
<p>Individuals wishing to contribute to the church are encouraged to utilize our online giving platforms through the SUMC APP and with the “Giving” tab on our website at suncrestumc.org. Gifts may also be given in traditional ways by check or cash placed in the Sunday offering plate or mailed to the church c/o Christina Hostutler (479 Van Voorhis Road, Morgantown WV 26505). You are also encouraged to consider making Suncrest UMC a part of your estate plans. Please contact Lyn Dotson, Chair of Trustees, for details regarding estate planning by email at ldotson1226@gmail.com.</p>

NEW CHECK-IN



Church Center Check-In for Nursery and Children's Church



FIRST TIME ATTENDEES

Please stop by the Check-In Center, where one of our friendly Children's Ministry staff, will assist you with your first Check-In.

CHURCH CENTER APP

Download the "Church Center App" from the Apple App Store or Google Play Store.

Follow the following prompts on screen.

- "Get Started"
- "Use my location" or "Search Manually" if you would like to not give the app location access.
- Search for "Suncrest UMC" in the search bar of the app. This will be at the top.
- "This is my church"
- Enter your phone number and hit "Next."
- Enter the code from your text messages and hit "Next."
- "Log in as"
- You may enable biometrics as needed/wanted.
- Disable or enable notifications.

You have now successfully completed all of the steps for the Church Center App.



REGULAR ATTENDEES

Step 1: Using the Church Center App

- Launch Church Center App
- Select Check-In on the bottom bar of the app (the middle button, shows a circle with a checkmark) in the middle and says "Check-In" as the icon.
- Make sure it shows everyone in your household.*
- Select the household members you would like to check in.
- Tap the "Next" button in the bottom right hand corner.
- Scan QR Code upon arriving at the Church at the Check-In kiosk.
- Grab name tags from the printer below the iPad.

Step 2: Using the kiosk

- Enter your phone number.
- Select the members from your household* that you would like to check in.
- Select "Checked in by" in the bottom left hand corner.
- Grab name tags from the printer below the iPad.





Suncrest Kid'z

KID CHECK-IN

Make sure to check in today on your way into worship.

You must be checked in to attend Children's Church.

Nursery Care

is available for infants through age 2 during all worship services and the Christian Education Hour. Please check in.

Children's Church

Age 3 to 5th Grade

9:00 am:

Pastor Larry will dismiss children.

11 am:

Children are dismissed to the 3rd floor following the children's message.

Preschool Sunday School

Ages 3 and 5

11 am on the 3rd floor
Children are dismissed with those attending Children's Church.

CHILDREN'S CHURCH ADVENTURES



Come to the Neighborhood each week,

@ 9 am and 11 am

and fill up your passport with fancy stamps!



THIS WEEK:



Wandering Hearts

"Jesus is with us when we are scared"



SUMC BRAINSTORMERS PRESENTS



MESSY CHURCH

TODAY
@ 10am



LENTEN ADVENTURES



Come to Cowan Hall to learn about **LENT** through stories and crafts while enjoying yummy snacks! Designed for **all ages!**

Children's Church participants who attend Messy Church will receive a **special passport stamp!**



WE NEED YOUR HELP



with Donations

We are asking for your help with the following items:



Easter Egg Hunt

Plastic Easter Eggs

Candy & Trinkets to fill Easter Eggs

Animal Friends of NCWV

clumping cat litter
large garbage bags
kitty and dog toys
laundry detergent.



Snacks for youth group



If you can help, please bring your items to the church office. Thank you for your support.



ROOTED

YOUTH GROUP

Christina Thomas,
Director of Children & Youth
681-285-5786 304-775-2682
christina.thomas@suncrestumc.org

Sunday @ 11am Bible Study



This Sunday: Wandering Hearts

“Rescue
me from
danger”



Snack
donations needed!

Rooted Youth is in need of snacks for our weekly gatherings. If you can help, please bring your donations to the church office.

5th-6th grade Tuesday @ 6



A fun hour
celebrating
**Black History
Month,**
with lots of
snacks, & games!

7TH-8TH GRADE WED @ 6

A fun hour
celebrating
**Black History
Month,**
with lots of
snacks, & games!



SENIOR

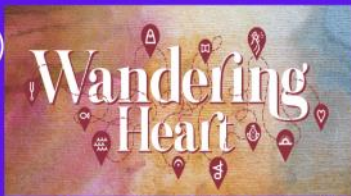
HIGH YOUTH

All 9th - 12th grade students are invited! Bring your friends!

**SUNDAYS 10AM
ON THE 3RD FLOOR**

Join Pastor Larry & Deveran for a time of learning, fellowship, & yummy refreshments.

THIS WEEK



Lent Study & Breakfast

Superbowl Game prizes awarded
Outreach & Activities calendar planning

Please note location change. We will NOT be meeting in Old Drummond.

All College Students are invited to

College Brunch



Today@ noon

in Old Drummond

Come on over; you'll find more than just brunch! Find new friends, build relationships, and make lasting memories.

Ways to Support College Ministry

Invite students to a mission event or Bible Study class.

HOST COLLEGE LUNCH

with your friends or group! Sign up in the church office at 304/599-6306.



PRAY

Pray for our students & WVU staff. Greet each student with a smile & invite them to College Lunch.

Provide a gift card for a pizza to your favorite pizza place.



FEBRUARY PANTRY NEEDS

- Personal hygiene items: body wash, shampoo, and toilet paper
- Household cleaning supplies: dish soap, clothes detergent, and paper towels



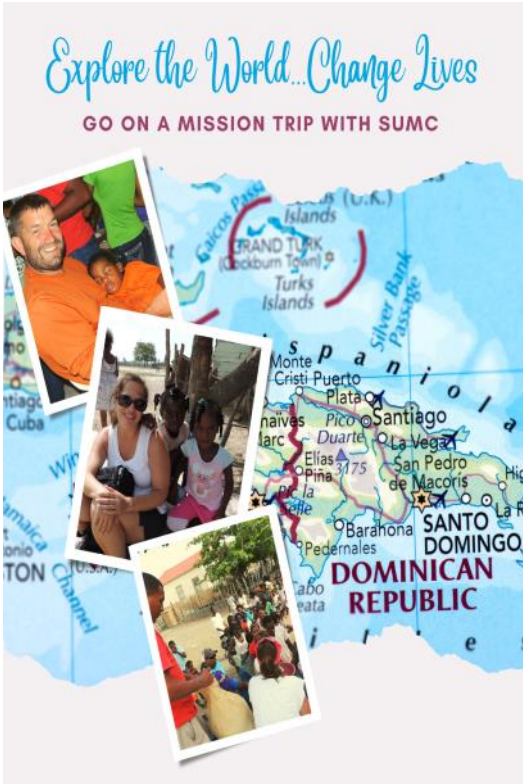
MORGANTOWN BATEY

In order to maintain support and awareness, a red wagon will be in the Narthex for monetary collections today. A mere \$2.00 donation per person will help offer rice, beans, and eggs to those living in the batey. Please help the Missions Team provide basic necessities to suffering people in the Dominican Republic.



*Please Save
the Date!*

Our next Feeding the Soul meal will be Monday, March 18, at the Rosenbaum Family House. Please contact Elayne Ridgway (304/376-6452) or Allyson McKee (304/276-0327) if you would like to help provide food or to assist.



Ron Lytle and the Mission Team are planning a mission trip to a batey in the Dominican Republic to take place during **Thanksgiving**. (Please note that the change to the trip timeline.) They hope to include WVU students and other SUMC members and friends.

The cost of the trip is approximately \$1,500/person. The Mission Team plans to assist with some of these expenses.

An informational meeting is being planned for Palm Sunday, March 24, in Old Drummond immediately following the College Meal. Everyone interested in finding out more about the trip is invited to join us for lunch.

Contact Carol Rotruck at carol.rotruck@icloud.com or (304) 685-4833 if you are interested or have questions.



Improving Heart Health for February American Heart Month

How do I follow a healthy diet pattern?

The AHA recommends a diet that is rich in vegetables, fruits, and whole grains. Healthy diet patterns should also include protein such as fish, skinless poultry, and legumes (lentils, peas, and beans). Healthy fats include nontropical vegetable oils, nuts, and seeds.

Vegetables

Include a variety of deeply colored vegetables. This could include broccoli, kale, and carrots. Vegetables can be frozen, fresh, canned, or dried. When choosing frozen or canned vegetables, try to find options with low sodium and vegetables canned in water.

Fruits

Fruits should also include a variety of colors emphasizing deeply colored fruits. This could include berries, peaches, and apples. Juice should not be substituted for whole fruits, as juice may lack some important nutrients such as dietary fiber. When choosing fruit juice look for 100% fruit juice options. Juices that are

sweetened with sugar have fewer nutrients and are high in calories.

Whole Grains

Whole-grain food options include whole-wheat bread and brown rice. When looking for whole-grain items, the first item listed on the ingredient list should be whole grain. Half of your daily servings of whole grains should include high-fiber whole grains. The aim should be 25 grams of fiber per day.

Protein

There are a wide variety of protein beyond poultry, fish, and lean meats. Other products include eggs and tofu (soy product). It is good to add variety to your protein sources. Eight ounces of non-fried fish should be eaten once a week. Fish such as albacore tuna, salmon, and lake trout are high in omega-3 fatty acids, which can lower cholesterol levels. Other healthy practices when eating protein include removing skin from poultry, removing visible fat from meats prior to cooking, and limiting consumption of processed meats (bacon, hot dogs, and sausage).

Nuts, Seeds and Legumes

Beans are a great option and can be added into salads, soups, and pasta dishes. Beans include black, kidney, pinto, and cannellini. Nuts should be unsalted and can be placed atop salads or stirred into yogurt.

Dairy Products (Low-Fat or Fat-Free)

Fat-free or skim milk and 1% milk are all low-fat options. Yogurt should be low-fat or fat-free with no added sugar. Cottage cheese is a dairy product

high in protein. Choose a cheese lower in fat, or fat-free, with low sodium levels. When choosing cheese, you should look for options with no more than 2 grams of saturated fat per ounce.

The faith community nursing department at SUMC is expanding and evolving to align with statewide initiatives for promoting faith community locations as access to care points for rural community members.

Please watch your email, Facebook, and bulletin for upcoming events.

Feel free to reach out to the nurses with questions using the contact information below:

Dr. Angel Smothers

304-952-4316

asmothers@hsc.wvu.edu




Dr. Stephanie Young

724-413-4642

sayers1@hsc.wvu.edu




 WVU EXERCISE PHYSIOLOGY


ARTHRITIS FOUNDATION CLASSES

5PM - 5:30PM

WEEKLY ON
MONDAYS &
WEDNESDAYS

LOCATION :
479 VAN VOORHIS
RD
MORGANTOWN, WV
26505




 WVU EXERCISE PHYSIOLOGY

BALANCE CLASSES

5:30PM - 6PM

WEEKLY ON
MONDAYS &
WEDNESDAYS

LOCATION :
479 VAN VOORHIS
RD
MORGANTOWN, WV
26505



Let's Connect



Please take a moment and fill out the form below so that we can know you are in our midst and offer a prayer for you this week by name. If you are new, we want to get to know you, please share the information you are comfortable with.

Name: _____

Address: _____

E-Mail address: _____

Do you want added to our weekly Happenings email?
___ YES ___ NO ___ Let me think about it

Phone: Home _____ Cell _____

Are you visiting today?
How many times have you worshipped at Suncrest?
___ 1st ___ 2nd ___ a few times

Would you like more information about:

Jesus ___ Baptism ___ Membership ___

Serving ___ Mission Opportunities ___

How can we pray for you or someone you know?


Would you like

A call from Pastor Larry _____

A meeting with Pastor Larry _____

Other: _____

You may also stop by our website or mobile app and fill out the digital Connect Card.

 Suncrestumc.org/contact

LAST WEEK IN-PERSON ATTENDANCE

9:00
149

11:00
164

TOTAL
313

PREVIOUSLY

2/3/24
322

2/11/24
335

HEALING CARDS

Soren Smothers

(recent surgery)

110 Forest Drive

Morgantown WV 26505

Amy Rader

(recent surgery)

103 Canyon Ridge Drive

Morgantown WV 26508

Sandie Overbey

(recent surgery)

4010 Morningside Way

Morgantown WV 26505

THANK YOU!

To all my friends at SUMC, I want to thank you for all the cards, messages, candy, and the beautiful rose. I will always remember this

Valentine's Day!

With sincere thanks,

Dorothy Hosey

