

4 Steps of a disciple

1. A disciple learns about the things of God and grows spiritually
2. A disciple teaches the things of God and helps others grow spiritually
3. A disciple makes disciples as commanded by Jesus
4. A disciple is in fellowship with other disciples

5 Intentional Action Categories to accomplish discipleship in marriage

(that can be used in other relationships as well)

1. **Love** the other as Christ loves the church
 - Give of yourself, sacrificially
 - Consider them in everything, putting them first
 - Offer grace above all else
 - Give them attention and make sure they know they are loved
 - Encourage them, your words have the power to make or break them
 - Forgive them, they aren't perfect but neither are you
 - Protect them, they are part of you
 - Provide for them
2. **Lean** on them as the two have become one
 - Embrace the harmony of your differences
 - Seek their wisdom, they see things you don't
 - Don't neglect each other's spiritual and personality gifts
 - Be accountable to each other and hold each other accountable
 - Confess to one another and hear one another
3. **Lead** in humility
 - Respect and Honor each other
 - Be an example to each other and others
 - Serve each other
 - Ask each other for needs and actually listen
 - Remind each other of the Gospel and biblical truths
 - Disciple others together
4. **Live** a life worthy of your calling
 - Seek oneness moving toward holiness
 - Follow Jesus together
 - Have fellowship and community with other disciples
 - Be missional with your marriage
 - Go to church together
 - Imitate Christ together and with your marriage
5. **Learn** continually
 - Reach scripture together
 - Have gospel conversations
 - Pursue discernment and the will of God
 - Seek spiritual growth individually and together