

Steady: Growing Strong in God



I like gardening and watching seeds grow that I have planted. I plant my seeds in the spring, I water them and give them a sunny place to grow where there is lots of light and warmth – but not too much!

God is a gardener too! He made lots of seeds – you and me. He wants us to grow and to be strong.

Plants must be in the right conditions to grow. They need: light, food, water, and warmth.



Did you know that a tree seed has everything in it that it will ever need to grow into a massive tree? All it needs is to be planted with the right conditions and it will be everything God made it to be!

We are like that tree seed. We have everything in us to live our lives to the fullness of all God had in mind for us when He made us. God chose you and loves you very much. He has planned an exciting life for you if you choose to live His way.



Can you find **Ephesians 1: 4-5**?

What does God say about you and me in these verses?



Now look up **Romans 8:11**

What does God say about us here?

Wow! That same power that rose Jesus from the dead is in you and me!! We can do anything!



This is an important thing for us to know.

God wants us to live our lives with the same power that Jesus had, knowing that God will answer our prayers and do the same miracles that Jesus did.

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We are like seeds that grow and sow more seeds so more people know the God who loves them. But how do I do this I hear you ask....well here are 3 things to remember



1. God has a special plan just for you

Different seeds grow in different places and grow into different plants. You are unique and special. There is no one quite like you and that's how God made you. Don't try to be somebody else – you are special just the way you are.

2. Seeds need certain conditions to grow



What helps a baby to grow?



When we first believe in Jesus we are like babies. We are finding ways to grow and be like Jesus. Babies need milk and food to grow just like you. For a seed to grow strong it needs water, light, and food.

You too can do lots of things to grow stronger in your friendship with Jesus, so that you can stand firm no matter what happens.

Here are some helpful ways to grow strong:



Read the Bible regularly, on your own or with an adult (chapter 8 will tell you more about this)



Pray and listen to God - Jesus wants to be your friend so make time to listen and chat to Him



Be with other Christians - they do us good, they help us feel part of something bigger and help us to focus on Jesus and you can help them too



Move in gifts of the Holy Spirit - what gifts has He given you?



Make good choices and be careful what you listen to or watch and how you behave.



The Holy Spirit will show you what is right and what is wrong for you. God has not asked us to get on with growing on our own. He has given us the Holy Spirit to help us know what to do every

minute of every day

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3. Go and have fruit

Finally, the tree has grown tall and strong and now has fruit of its own. The tree has become what it was made to be. You are like this tree when your faith is based on the Bible, and you are full of the Holy Spirit. The fruit is all the things people see you do, and say, and believe on the outside to show what God is growing in you on the inside: such as the way you behave, the words you say, the actions you do.



What does Colossians 1: 9-10 say we need to ask God for, so that we grow in God and have His fruit in our lives?

As you live your life to the full, with joy, peace, love, goodness, miracles and answered prayer, people will notice and want to know what is special about you. This is like the fruit on the tree. People see that good things are in your life. As you tell them about Jesus and what he has done for you, seeds are sown, and new trees of faith are planted.



This is a prayer you can use to pray for God's fruit in your life:

Jesus, I thank you that you love me so much. Thank you for helping me grow good roots into your love. Please help me to grow even more in my understanding of how much you love me, that I will know you better and better, and live my life the way you want me to, so others will see that you live in me. Amen



Chat to God now about growing strong roots into His love

- Tell Jesus how you want to grow strong and make a difference for Him
- Ask Him to show you what you need to grow in today
- Ask Him to show you how He will help you grow in that area
- Ask Him to help you to be someone who grows good fruit and sows seeds of love in other people's lives