

Steady: A Mighty Sword

I like building sandcastles with my children. My husband and I have our own big spades so our whole family can build our best castle, usually with loads of rivers and islands too! The sand needs to be good and wet to build our best designs. With us all working on it we can build a good castle in a few minutes. The problem is that when the tide comes in it's all washed away.



Near my house there are lots of new houses being built. When I drive past, I see what looks like just a big mess with lorries filling large holes with concrete and big posts. This is foundations going in. Foundations are the bit under the ground of a building that you can't see. Without them though, the rest of the building will not be strong and might fall in bad weather.



Which building will last the longest do you think? My sandcastle house or the one near my house with a concrete base?

Yes, of course you are right! The one with a concrete base, the one with a proper foundation!

God's Word, shown to us in the Bible, is like the good foundations. It is God's book written to show us how to live and to help us know God better.



Reading the Bible helps you to know the right choices you need to make and the truth you should listen to.



Use your Bible to find **Ephesians 6: 17**

How does this verse describe God's Word, the Bible, to us?

Why do you think God describes the Bible as a sword?



A sword is both an attack weapon and one we can use to defend and protect ourselves.

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The Bible is like a sword because

- It protects us from lies by teaching us God's truth
- It helps us to stop things that are not what God has said by giving us His words to speak out and live by.



The Bible is sharp like a sword because it can divide things that are right from things that are wrong.



Here are some other verses that describe God's Word to us in the Bible.

Can you draw a picture of how the verse describes the Bible?

Verse	Draw the object God's Word is described as in this verse	What do you think this means? Why did God describe it this way?
Psalm 119: 105		
Matthew 4: 4		

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Do you read your Bible and feed your mind every day with God's truth for you?



If not, why not start today! Here are some top tips!



Read your bible regularly: Try to read one verse or more every day. Maybe try and read a Psalm each day or a verse or two from a chapter of a book until you have read the whole book. The gospels (Matthew, Mark, Luke and John), Acts or Psalms and Proverbs are great books to get you started.



Find a comfy quiet spot to read it: Keep trying different places until you find a space that works for you. Maybe on a chair in your room, in the garden, at a desk...



Find a good time for you: Maybe as you wake up, or as you eat your breakfast or as you go to sleep



Pray first: Ask God to help you understand what you are reading and as you read the verses try and understand what they mean.



Ask yourself questions about the verse and ask God to help you:
What do they show you about God, or about how He wants you to live?



Pray and thank God for what He has shown you today and ask for His help to live His way.

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Take some time this week to read these verses to get you started:

Day	Verse to read	Notes: What did God show you today in this verse?
Monday	Psalm 23:1	
Tuesday	Joshua 1:9	
Wednesday	Romans 8:39	
Thursday	John 3: 16	
Friday	Acts 1:8	
Saturday	Matthew 21:22	
Sunday	Matthew 19: 14	

Each day ask yourself how they will change what you do, think, or say so you follow God's ways for your day.

Let's chat to God now about how wonderful the Bible is.



- Tell Him your favourite verse that you read.
- Tell Him why it was your favourite
- Ask God to show you why that verse is important in your life.

Or you could use this prayer to help you:

Jesus, thank you that you have given us Your Word the Bible to help us live Your way. Holy Spirit please help me to understand God's words to me and show me how to live like Jesus did, to know Your truth. Amen

