

Steady: Wonders of Worship



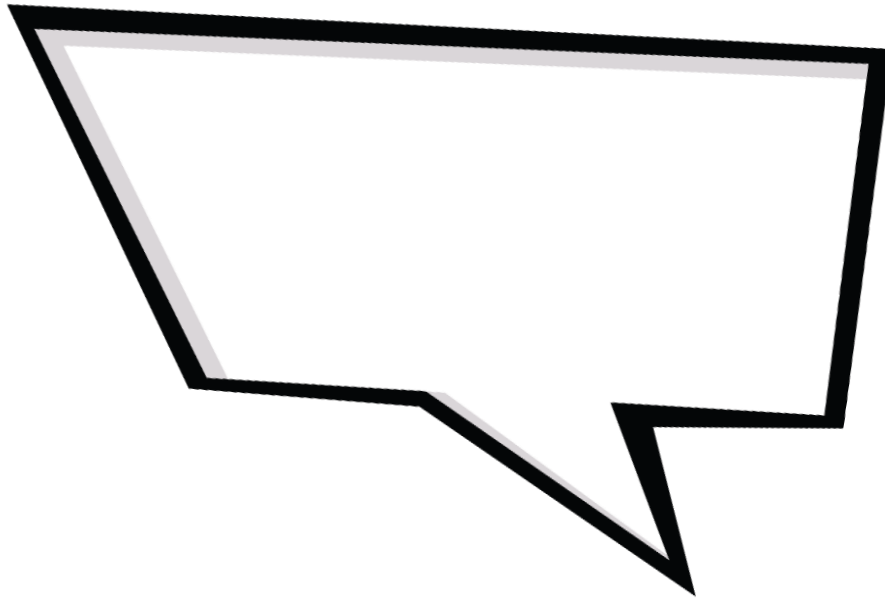
Do you have a favourite football team? Or do you like a particular band or TV programme, and you always have to watch it or find out what's going on? If you follow a football team for example you will probably do your best to watch all their matches or buy the kit that they wear. You might have posters in your room or collect cards all about their players. You really like your team!

The word "worship" means "to show extreme love for something or someone". While you may really love supporting your favourite team or band, you wouldn't worship them. To worship means we will give our whole life to someone or something; that we would celebrate that person or thing.



Imagine a king or Queen coming to visit you.

How would you behave? What might you say?



- You would make everything the best it can be.
- You might tell them how pleased you are to see them and spend time with them.
- You would be so in awe and amazed that you have been near them.

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Who do we worship?

We worship God. He is not distant and far away but a King who wants to be with us. He loves us and loves to hear us singing praises to Him. Jesus is the King that is more important than any other king in all the world who doesn't just visit, He lives in us!

Why?

Worship for us is about choosing to give ourselves to God with all our hearts. It is amazing that He chose us even though we don't deserve it. God is holy and cannot look at sin but chose us to be clean and pure and to be with Him forever. He is The King, and we want to show Him how important He is to us.



Look up each of the bible verses and draw a line to match the right meaning with the right reference in the bible.

Verse	Match to the correct meaning
<i>Psalm 145: 3</i>	Because all creation was made to praise Him (He is the God who made us and the whole world)
<i>Psalm 19: 1-2</i>	Because all people were made to praise Him
<i>Philippians 2:10</i>	Because we are saved from our sin so we can praise Him
<i>Acts 2:38</i>	Because He is worthy of all our worship (this means He is worth it all. and is the King of kings WOW!)

Worship is not just singing but living our life God's way.



We worship Him when we do what we are asked to straight away, by loving others like He does, by choosing to put God before our own choices. We worship God when we make good choices and put His ways before ours.



We can worship by singing songs, by chatting to God and telling Him how amazing He is, by thanking Him for all He has done and for who He is.



We can jump around, kneel, dance, sit quietly, lay down, clap, shout, and play instruments.

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It is good to both worship God at home and anywhere on our own as well as together with the church.

At home or out and about:

Your home is a great place to worship.



- You can sing while you help around the house or just by tidying your room without being asked,
- You could learn an instrument so you can make your own songs or play others,
- You can worship by making models or playing with your toys and telling God how great He is while you play. He loves to play with your toys with you.
- You can put music on in your car and sing along, praising God as a family together

He loves to hear you sing and praise Him with your words!

On a Sunday:

Worshipping with other people is important too. It helps us believe in God even more when we see other people worshipping, when we hear testimonies of all that God has done and hear verses from the Bible that remind us how amazing He is.



It is important that as children, you take part in the whole of the church meetings; you are as important to God as any adult and every part is for you to join in!

Here are some top tips to help you join in:



1. **Stand somewhere so you can see any song words so you can join in.**

Don't just sit down because you will feel left out of all the worship and just watch.



2. **Feel free to dance and clap along.**

You may want to put your hands up to show God that you are giving your life to Him as you worship.



3. **Don't worry about people around you. Shut your eyes to help you focus on Jesus** and not be distracted by people around you.



4. **Ask God to speak to you as you worship** so you can bring a verse or a song or speak in tongues which will help the whole meeting.

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5. **You may want to make up your own actions to some of the songs** so you understand what the words mean and so you can practise it at home.

Worship is powerful.

It shows God that you have put Him first and that can change how you feel that day. Singing words from the Bible reminds your mind how to think and can even bring healing to parts of your body that are sick – that's powerful isn't it?!



Look up **Psalm 8:2**

What does this mean for you?

A person in the Bible who was a good example of a worshipper was King David. When he was young, David used to play the harp to calm King Saul when he got angry and upset. All through his life, David wrote songs telling God how happy or sad he was feeling and telling God how good He was. You can read them in the book of Psalms. David often starts writing a Psalm being worried or scared and ends by thanking God for all His goodness and that He always helps him in the end.



Can you find **Psalm 23** in your Bible?

This is a good chapter to learn. Why not spend some time each day this week to learn a few verses of this chapter – or maybe all of it!!



What is your favourite song about Jesus? Why not put it on now and sing along!

As you listen and sing, tell Him how you love Him and thank Him for all the things He has done.



Let's chat to God and tell Him how great He is.



1. Thank Him for something great He has done for you
2. Tell God something you love about Him
3. Tell God your favourite thing to do with Him
4. Ask Him to show you how great He is
5. Just sit quiet and enjoy being with God – or get up and dance around – whichever you feel is right for you right now.

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Use the words of Psalm 136 to say a prayer of thanks or write a song and use your own words to praise God for all He has done and who He is.

