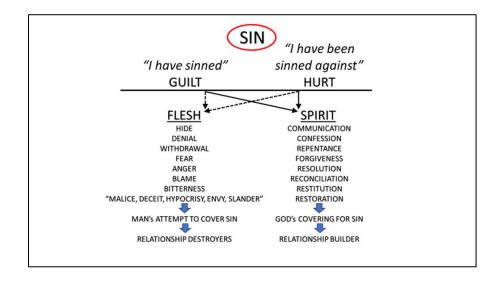
Got Milk? 1 Peter 2:1-3

So put away all malice and all deceit and hypocrisy and envy and all slander. Like newborn infants, long for the pure spiritual milk, that by it you may grow up into salvation— if indeed you have tasted that the Lord is good.



Questions for Small Group Discussion:

- 1. What types of physical foods do you find most tempting/difficult to resist?
- 2. What types of spiritual junk foods do you find most tempting/difficult to resist (are they mostly attack or escape responses)?
- 3. How have you reacted when your preferences were not met?
- 4. What is God's cure for our addiction to medicating with spiritual junk food?
- 5. Assignment Study the diagram above, draw it out and explain what you learned to someone you love this week.