

**Trusting Yahweh – The Test of Rest**  
Exodus 16:22-36

**Intro**

Ex 16:4,5

Ex 16:19,20

**The test has three elements to it. They were to ....**

**Anticipate the Sabbath** Ex 16:22-26

Ex 16:5,22

**Obey the Sabbath Law** Ex 16:27-30

James 2:10

**Remember His Provision** Ex 16:31-36

Josh 5:12

**Closing thoughts**

**Our Sabbath Rest** Heb 4:7-13

Ex 20:7-11

Gen 2:2,3

Col 2:16,17

Discussion Questions:

What kind of anticipation does your faith have?

Is it something you experience now?

How do you live out the Sabbath?

Are Heb 4:11 and 2Pet 2:5ff saying the same thing?

How are they different