#### January 22nd, 2017 Sermon Notes

#### **Growth Group Discussion**

#### Winter

# Week 1 Welcome back to a new semester of Growth Groups!

We use these times to *grow spiritually and to deepen our* relationships.

As this is the first week of a new semester, to make your group successful, discuss group logistics as well as to plan your fun activity and your service project.

# **Growth Group Communication**

Great communication is a key part of any group, so get to know people and swap contact info!

Who You Gonna Call??? (Hint: Not "Ghostbusters")	
If we have to miss a meeting we will call or text	
at to let the group know	٧.

### **Outside Activities**

For our Service Project we will:

For our Fun Activity we will:

#### **For Starters**

A holy discontent is when you feel a passionate call to resolve something for God and for his people. Do you ever remember having a holy discontent in your life? Share what it was and how it turned out.

How fast have you been running lately? Have you been running so fast that that you're not creating great space to sit and listen to your body, to your spirit, and to God? Share about how it has been going, and your ideal direction.

## **Taking It Home**

- 1. Do find agree with Frankel that people distract themselves with pleasure when they cannot find meaning? If so, what do you distract yourself with when finding your meaning is hard?
- 2. When you feel overwhelmed by a cause, do you tend to get emotional or logical? Do you tend to jump to immediate action or thoughtful planning. How often and how quickly do you sit with God in this process?
- 3. Share any holy discontent that may be on your heart now. How can your Growth Group help you plan and pray to address or resolve it?

#### **Family Reminders**

#### New Here?

Attend our **Newcomer's Lunch next Sunday after service at 12:20 p.m.** 

This is a chance to meet a few new people, and hear a little bit more about our church family. Lunch is on us. To attend simply sign up at the Welcome Center at the back of the auditorium.

#### **Discover Class-starts Feb 5th**

Come join us Sundays at 10 am for this informal class where we learn about how our stories fit into God's Story. Questions and discussion are welcomed. See the Welcome Center to learn more or to sign up.

# **Growth Groups Begin This Week**

Growth Groups are our way of connecting to one another at the small group level. To find out more about our growth groups, please visit the Welcome Center at the back of the auditorium.

Growth Group Facilitators and Hosts Meeting
Today after service in the Annex
Lunch will be provided!