Relationship Counsel for Christians 1 Corinthians 7:25-40

I. Intro

Anecdote

- Counsel
 - When it comes to relationship counseling you might be interested to know that...
 - ...the current global market is valued at more than 4 billion dollars.
 - And according to the current growth trajectory the global relationship counseling market will reach nearly 8 billion dollars by 2033.
 - The reason why is because of the increasing recognition of mental health importance...
 - ...as well as the growing acceptance of professional relationship support services across diverse demographics.
 - Simply put more and more people are recognizing their need for relationship counseling.

Biblical

- And as we consider the various therapeutic approaches which includes...
 - ...cognitive-behavioral therapy emotionally focused therapy and systemic family therapy...
 - ...I can't help but to wonder how much of the relationship counseling that's currently being offered...
 - …is actually based on the Biblical principles that were provided to us
 by the God Who created relationships?

- In other words how many the people who are paying for professional therapy...
 - ...are actually receiving relationship counsel that is in conflict with the truth of God's word?

II. Outline

- Points
- Relationship
 - With this question in mind we're going to spend our time today...
 - ...considering the Relationship counsel that Paul presented to the Christians is Corinth.
 - And as we study the scriptures before us this morning we'll examine the Relationship counsel that Paul presented to four distinct groups.
 - This includes...
 - 1. ...Relationship Counsel for Christian Singles
 - 2. ...Relationship Counsel for Christian Couples
 - 3. ...Relationship Counsel for Christian Parents
 - 4. ...Relationship Counsel for Christian Widows
 - With this as our outline let's open our Bibles to 1st Corinthians chapter 7...
 - ...where we find Paul presenting Relationship Counsel for every Christian.

III. Singles

Set up

Context

- As we make our way to the seventh chapter of 1st Corinthians I wanna take some time to put our text back into it's context.
 - I should first remind you that it was back in the beginning of this chapter...
 - ...where Paul addressed the questions that the Christians in Corinth presented to him in a prior correspondence.
 - He began by encouraging singles to remain celibate until their wedding day.
 - Not only that but he also encouraged those who were married to keep their covenant with their spouse.
 - Now here in our text today we find Paul helping his audience to understand the right Relationship goals.
 - With this as our focus let's pick up our study of 1st Corinthians 7 beginning there at verse 25 where Paul declared...

Text

1Co 7:25 Now concerning virgins: I have no commandment from the Lord; yet I give judgment as one whom the Lord in His mercy has made trustworthy.

1Co 7:26 I suppose therefore that this is good because of the present distress—that it is good for a man to remain as he is:

1Co 7:27 Are you bound to a wife? Do not seek to be loosed. Are you loosed from a wife? Do not seek a wife.

1Co 7:28 But even if you do marry, you have not sinned; and if a virgin marries, she has not sinned. Nevertheless such will have trouble in the flesh, but I would spare you.

Virgins

- Here in these verses we find Paul shifting his attention to the question concerning virgins.
 - For the sake of clarity it'll help you to know that the word virgins found here in our text today...
 - ...was translated from a Greek word which in this context was used of those who were had not yet engaged in sexual intercourse.
 - And being that this word was used of both men and women...
 - ...there should be no doubt that Paul was encouraging every single Christians to abstain from engaging in sexual relationships...
 - ...until the day when they are finally united with their spouse in the holy state of matrimony.
 - And listen this was not only true for first century Christians but this is also true for 21st century Christians.

Abstinence

- Now I realize that there are many in the church today who have given up on this Relationship goal for single believers.
 - And it's sad to sat that many Christians have abandoned the abstinenceonly-until-marriage goal...
 - ...and the reason why is because abstinence programs have proven to be ineffective.
 - According to two scientific review papers abstinence-only-untilmarriage programs fail to delay sexual initiation...
 - ...and as a result they do not reduce sexual risk behaviors in young singles.
 - That being the case it's sad to say that at least 80% of young unmarried Christians...

...engage in sexual sin - before the day of their marriage.

Stats

- What these single Christian fail to realize is that those who fail to maintain their virginity...
 - ...are also running the risk of unplanned pregnancies and sexually transmitted diseases.
 - Not only that but it's also important to realize that Premarital sex is linked to higher rates of divorce....
 - ...and especially when a person engages in fornication with partners other than their eventual spouse.
 - More simply put the higher the body count the more likely a person is to eventual divorce their spouse.
 - And it's for this reason that I encourage every single Christian to abstain from every form of sexual immorality.

Judgment

- With this as the goal let's consider the way that Paul explained it here in our text today.
 - Look with me again there at 1st Corinthians chapter 7 I wanna draw your attention back to verse 25 - where Paul declared...
 - 1Co 7:25 Now concerning virgins: I have no commandment from the Lord; yet I give judgment as one whom the Lord in His mercy has made trustworthy.
 - Now it's important for us to realize that when Paul informed us that he had no commandment from the Lord...

- ...this was NOT to suggest that his counsel was in conflict with the instructions of Christ Jesus.
 - No instead Paul was simply informing his audience that he was providing the Christians in Corinth...
 - ...with the trustworthy counsel that the Holy Spirit was leading him to present.
 - That being the case every single Christian will do well to receive this Relationship counsel.

Distress

With this as our goal - let's take another look - beginning there at verse 26 where Paul declared...

1Co 7:26 I suppose therefore that this is good because of the present distress—that it is good for a man to remain as he is:

1Co 7:27 Are you bound to a wife? Do not seek to be loosed. Are you loosed from a wife? Do not seek a wife.

- Here in these verses we find Paul helping his audience to realize that the church was dealing with a level of distress...
 - ...that it was probably best for them to simply spend less time worrying about these Relationship questions.
 - And it's for this reason that he encouraged those who are married to remain married.
 - When we get to our second point we'll spend some time considering Paul's Relationship Goals for Christian Couples.
 - But for now let's consider what Paul meant when he encouraged those who are loosed from a wife - to abstain from seeking a wife.

Loosed

- Just to be clear that word loosed was translated from a Greek word which in this context...
 - ...was used in reference to a single man whether we was previously married - OR - has not yet married.
 - What this means is that believers who are single for whatever reason shouldn't spend time seeking a spouse.
 - And while I realize that this isn't something that most single Christians want to hear...
 - ...Paul was perfectly clear that those who are single shouldn't spend time seeking a spouse.
 - And yeah this includes the time that many Christians waste searching for a spouse on dating websites.

Adam and Eve

- Now the obvious question that many will wonder is how can single Christians get married - if we aren't searching for a spouse.
 - And to that I would remind you about the way that God told Adam to tend the Garden...
 - ...and as Adam accomplished his calling - the Lord created Eve from Adam's side.
 - With this as the example I truly believe that the Lord is calling every Christian to serve Him...
 - ...and as we do the Lord will draw single believers together because
 He knows that it's not good for us to be alone.
 - And while it's true that marriage is a blessing Paul also recognized that - marriage is also difficult.

• It's for this reason that he warned the single Christians - about the troubles that take place - in the marital relationship.

Trouble

- Let's consider how Paul put it there in verse 28 where he declared....
 - 1Co 7:28 But even if you do marry, you have not sinned; and if a virgin marries, she has not sinned. Nevertheless such will have trouble in the flesh, but I would spare you.
- Here in this verse we find Paul helping his audience to understand that it's not a sin for single believers to get married.
 - At the same time Paul also informed them that those who get married will experience the troubles that are common in marriage.
 - Just to be clear that word trouble - was translated from a Greek word...
 - ...which in this context refers to the Relationship pressure that takes place...
 - ...as husband and wife attempt to make marital decisions in the midst of many disagreements.
 - And knowing how difficult this can be Paul set out to spare single believers - from these Relationship difficulties.

Transition

- Points
 - Now this brings us to our second point because listen...
 - 1. ...Paul not only presented Relationship Counsel for Christian Singles...
 - 2. ...but he also presented Relationship Counsel for Christian Couples

- With this as our focus let's continue to consider the Relationship counsel that Paul presented here in our text today.
 - Look with me beginning there at verse 29 where he declared...

IV. Couples

Text

1Co 7:29 But this I say, brethren, the time is short, so that from now on even those who have wives should be as though they had none,

1Co 7:30 those who weep as though they did not weep, those who rejoice as though they did not rejoice, those who buy as though they did not possess,

1Co 7:31 and those who use this world as not misusing it. For the form of this world is passing away.

1Co 7:32 But I want you to be without care. He who is unmarried cares for the things of the Lord—how he may please the Lord.

1Co 7:33 But he who is married cares about the things of the world—how he may please his wife.

1Co 7:34 There is a difference between a wife and a virgin. The unmarried woman cares about the things of the Lord, that she may be holy both in body and in spirit. But she who is married cares about the things of the world—how she may please her husband.

1Co 7:35 And this I say for your own profit, not that I may put a leash on you, but for what is proper, and that you may serve the Lord without distraction.

Time

- Here in these verses we find Paul presenting the Christian couples in Corinth - with Relationship counsel.
 - And he began by helping his audience to understand that the time is short.
 - From this we can see that Paul truly believed that the end of this dispensation could happen at any minute.
 - And while it's true that we are still waiting for the rapture of the church and the second coming of Christ...

- ...it's also true that the time is short for every person - and the reason why is because our life is like a vapor of smoke.
 - Therefore those who are single AND those who are married will all do well to make daily decisions...
 - ...with the realization that the time we have here on the Earth is extremely limited.

First Ministry?

- With that being said we must not fail to notice what Paul said to those who are married.
 - Notice with me again beginning there at verse 29 where he declared...
 - 1Co 7:29 But this I say, brethren, the time is short, so that from now on even those who have wives should be as though they had none, 1Co 7:30 those who weep as though they did not weep, those who rejoice as though they did not rejoice, those who buy as though they did not possess,
 - 1Co 7:31 and those who use this world as not misusing it. For the form of this world is passing away.
 - Here in these verses we find Paul helping those who are married to realize that our marriage is NOT our first ministry.
 - And while I realize that this is a popular perspective amongst those who want to use their marriage - as a reason for not serving in the church...
 - ...every Christian couple will do well to realize that Paul instructed those who have wives to serve as though they had none.
 - Now this is not to suggest that husbands should neglect their wives in the name of Jesus Christ.
 - And yet at the same time being married is not an excuse for why we don't serve in our church.

Apostles

- Christian listen if you're of the opinion that your marriage is your first ministry...
 - ...then I encourage you to explain why the wives of the apostles are effectively missing from the gospels and the epistles.
 - It was during the earthly ministry of Jesus when the apostles traveled with Jesus - for three years.
 - Then after the death burial resurrection and ascension of Jesus the apostles spread the gospel message throughout the Gentile world.
 - And what this means is that these servants of our Savior were constantly being led away from their families.
 - That being the case it's crucial for every Christian to realize that our first ministry is based on our calling in Christ.

Care

- At the same time Christian couples are still called to care for their spouse.
 - Let's consider how Paul put it here in our text today look with me beginning there at verse 32 where he declared...
 - 1Co 7:32 But I want you to be without care. He who is unmarried cares for the things of the Lord—how he may please the Lord.
 - 1Co 7:33 But he who is married cares about the things of the world—how he may please his wife.
 - 1Co 7:34 There is a difference between a wife and a virgin. The unmarried woman cares about the things of the Lord, that she may be holy both in body and in spirit. But she who is married cares about the things of the world—how she may please her husband.
 - Here in these verses we find Paul presenting a contrast between the single Christian...

- ...who are able to direct more of their attention to the service of the Lord...
 - ...and the married couples who should also spend time caring for their spouse.
 - Notice with me again there in verse 33 where Paul referred to husbands as those who care about how to please his wife.
 - And in verse 34 he referred to the wives who are called to care about how to please her husband.
 - What this means is that husbands and wives should most certainly care for their spouse.

Serve

- At the same time we must not lose sight of the fact that the Lord is calling us to serve Him - according to His calling.
 - Let's consider again how Paul summed it up there in verse 35 where he declared...
 - 1Co 7:35 ...this I say for your own profit, not that I may put a leash on you, but for what is proper, and that you may serve the Lord without distraction.
 - Here in this verse we find Paul encouraging his audience to understand that...
 - ...those who trust in Jesus have been called to serve our Savior without distraction.
 - And just to be clear it'll help you to know that the Greek word which was rendered - serve...
 - ...was translated from a Greek word which speaks of the dedicated devotion - that results in diligent service.
 - What this means is that every Christian no matter our marital status...

 ...should allow our devotion to the Lord - to become diligent acts of service - which will result in spiritual profit.

Transition

- Points
 - Now this brings us to our third point because listen...
 - 1. ...Paul not only presented Relationship Counsel for Christian Singles...
 - 2. ...and he not only presented Relationship Counsel for Christian Couples...
 - 3. ...but he also presented Relationship Counsel for Christian Parents.
 - With this as our focus let's continue to consider the Relationship counsel that Paul presented - here in our text today.
 - Look with me beginning there at verse 36 where he declared...

V. Parents

Text

1Co 7:36 But if any man thinks he is behaving improperly toward his virgin, if she is past the flower of youth, and thus it must be, let him do what he wishes. He does not sin; let them marry.

1Co 7:37 Nevertheless he who stands steadfast in his heart, having no necessity, but has power over his own will, and has so determined in his heart that he will keep his virgin, does well.

1Co 7:38 So then he who gives her in marriage does well, but he who does not give her in marriage does better.

Fathers

 Here in these verses - Paul - addressed the Christian Fathers - who seemed to be struggling with the decision - to give their daughters in marriage.

- I like the way that the scholars who created the Amplified bible rendered verse 36 - they put it like this...
 - 1Co 7:36 ...if any man thinks that he is not acting properly and honorably toward his virgin daughter, [by not permitting her to marry], if she is past her youth, and it must be so, let him do as he wishes, he does not sin; let her marry.
 - Now in order to understand the issue here it'll help you to know that...
 - ...it was common throughout most of the ancient Greek world for fathers to arrange the marriages of their daughters.
 - And being that the father had the sole legal authority to give his daughter in marriage...
 - ...there were probably Christian parents at the church in Corinth who were wondering...
 - ...if they should give their daughters in marriage according to the patriarchal customs in Corinth.
 - And it's for this reason that Paul assured them that it wasn't a sin to give their daughters away - in marriage.

Determined

- At the same time Paul also informed them that it wouldn't be wrong to protect the chastity of his daughter.
 - Let's consider how he put it there in verse 37 where he declared...
 - 1Co 7:37 Nevertheless he who stands steadfast in his heart, having no necessity, but has power over his own will, and has so determined in his heart that he will keep his virgin, does well.
 - In other words the father who stood steadfast in his commitment to refrain from arranging his daughter's marriage does well.

- And the parents who made the decision to keep their virgin daughter from being married...
 - ...were probably protecting her from the troubles that many Christian couples were suffering - during those days of distress.
 - Remember Paul was writing at a time when Christians were being persecuted.
 - And it's sad to say that many married women ended up become single parents - after the death of their believing husband.
 - It's for this reason that Paul commended the parents who decided to refrain from arranging their daughters marriage.

Gives

- Let's consider how he put it there in verse 38 where Paul summed it up by declaring...
 - 1Co 7:38 So then he who gives her in marriage does well, but he who does not give her in marriage does better.
 - In other words the father who agreed to give his virgin daughter in marriage - was right to bless his daughter in this way.
 - At the same time the father who decided to abstain from arranging her marriage - was - in Paul's opinion - making the better decision.
 - If I had to guess why then it's probably because of the distress that many wives were suffering...
 - ...after seeing their husbands hauled off to prison or put to death for their faith in Jesus Christ.
 - And if I'm correct about this then I can't help but to wonder how many parents were protecting their daughters in this way.

Philip

- This reminds me of the four virgin daughters of Philip the evangelist that Luke mentioned in the book of Acts.
 - It's Acts chapter 21 beginning at verse 8 where Luke writes....
 - Act 21:8 On the next day we who were Paul's companions departed and came to Caesarea, and entered the house of Philip the evangelist, who was one of the seven, and stayed with him.
 - Act 21:9 Now this man had four virgin daughters who prophesied.
 - As we consider the four virgin daughters of Philip the evangelist...
 - ...I can't help but to wonder if he was a father who made the decision to protect his daughters from the distress...
 - ...that many Christian wives were facing there in the first century.
 - And while we can't say for sure - what we do know is that his daughters were not only believers...
 - ...but they were also Christian women who were serving the Lord
 according to the spiritual gift of prophecy.
- Responsibility
 - Now as we consider how Philip the evangelist raised for daughters who were walking in the power of the Holy Spirit...
 - ...I encourage every Christian parent who is currently raising kids to realize that...
 - ...the Lord has tasked you with the responsibility of raising your kids...
 - ...according to the training and the admonitions that we find in the Holy word of God.
 - And while I realize that we no longer live in a culture in which father's have the authority to arrange their daughter's marriage...

 …I encourage every parent to Protect your children from the modern practice of dating.

Application

Dating

- As I've stated many times before I believe that dating is divorce training for those who are too young to marry.
 - And it's sad to say that the parents who allow their kids to date are potentially setting them up for relational failures...
 - ...by allowing them to experience emotions that they can't handle and temptations that they aren't equipped to deny.
 - It's for this only that 54% of adolescents between the ages of 15 to 19 have engaged in some type of sexual experience.
 - And by the age of 19 70% of our kids have engaged in the sin of pre-marital fornication.
 - And while the parents who permit their kids to date are certain that their teens will protect their purity...
 - ...the secular data helps us to see that this is typically not the case.

Counsel

- Remember it was earlier in this study when I informed you that at least 80% of young - unmarried Christians...
 - ...have engaged in sexual sin before the day of their marriage.
 - And I have no doubt that these stats are based on the fact that many if not most of our kids...

- ...were raised to believe that casual dating is just a normal part of growing up.
 - With that being the case I encourage every Christian parent to help their teenagers to understand that...
 - ...their virginity is the most valuable thing that they have and they shouldn't give it away until their wedding day.
 - Not only that but you should also help them to realize that every Christian should flee from sexual immorality.

• Flee

- This was the command that Paul presented in the previous chapter.
 - It's in 1st Corinthians chapter 6 beginning at verse 18 where he declared...
 - 1Co 6:18 Flee sexual immorality. Every sin that a man does is outside the body, but he who commits sexual immorality sins against his own body. 1Co 6:19 Or do you not know that your body is the temple of the Holy Spirit who is in you, whom you have from God, and you are not your own? 1Co 6:20 For you were bought at a price; therefore glorify God in your body and in your spirit, which are God's.
 - Here in these verses we find Paul encouraging every Christian to flesh from sexual immorality.
 - And one reason why is because those who take fire to their bosom will always get burnt.
 - Parents please trust me when I tell you that dating leads to kissing and kissing leads to touching - and touching leads to sexual arousal.
 - And as a result 80% of young unmarried Christians engage in sexual sin before the day of their marriage.

 That being the case - I encourage every Christian parent to teach and enforce abstinence - until marriage.

Transition

- Points
 - Now this brings us to our fourth and final point because listen...
 - 1. ...Paul not only presented Relationship Counsel for Christian Singles...
 - 2. ...and he not only presented Relationship Counsel for Christian Couples...
 - 3. ...and he not only presented Relationship Counsel for Christian Parents
 - 4. ...but he also presented Relationship Counsel for Christian Widows.
 - With this as our focus let's continue to consider the Relationship counsel that Paul presented - here in our text today.
 - Look with me beginning there at verse 39 where he declared...

VI. Widows

Text

1Co 7:39 A wife is bound by law as long as her husband lives; but if her husband dies, she is at liberty to be married to whom she wishes, only in the Lord.

1Co 7:40 But she is happier if she remains as she is, according to my judgment—and I think I also have the Spirit of God.

Bound

- Here in the final verses of this chapter we find Paul directing his attention to the wives who's husbands had died.
 - After confirming the fact that the marital covenant is til death do us part...

- ...it's also true that the bond of the marital covenant ends - when one partner passes away.
 - And while it's true that adultery and abandonment provides a married Christian with the grounds for divorce...
 - ...I should remind you that the marital covenant is a life long commitment...
 - ...that we should maintain until the day when our spouse passes away.

Law

- Paul elaborated on this in Romans chapter 7 where he declared...
 - Rom 7:2 For the woman who has a husband is bound by the law to her husband as long as he lives. But if the husband dies, she is released from the law of her husband.
 - Rom 7:3 So then if, while her husband lives, she marries another man, she will be called an adulteress; but if her husband dies, she is free from that law, so that she is no adulteress, though she has married another man.
 - According to the vows that we make on our wedding day we are bound by our marital covenant until death do us part.
 - And while it's true that the believer is no longer bound to a spouse who has abandoned them...
 - ...it's also true that the bond of holy matrimony is broken by the death of a spouse.
 - That being the case the surviving spouse has the right to remarry...
 - ...according to the instructions that we find here in the holy word of God.

- In order to grasp these instructions let's back up and consider the first paragraph - found here in 1st Corinthians chapter 7.
 - Look with me beginning there at verse 8 where Paul declared...
 - 1Co 7:8 But I say to the unmarried and to the widows: It is good for them if they remain even as I am;
 - 1Co 7:9 but if they cannot exercise self-control, let them marry. For it is better to marry than to burn with passion.
 - Here in these verses we find Paul assuring every widow that they had the freedom to remarry.
 - And while it's true that he encouraged them to consider their singleness as an opportunity to spend more time serving our Savior...
 - ...it's also true that widows and widowers are no longer bound by their marriage vows.
 - And those who are young and still burning with passion should feel the freedom to remarry...
 - ...providing that they follow the relationship counsel that Paul presented - here in our text today.

Only

- With this as our focus let's take another look there at verse 39 where Paul declared...
 - 1Co 7:39 A wife is bound by law as long as her husband lives; but if her husband dies, she is at liberty to be married to whom she wishes, only in the Lord.
- As we take another look at this verse we must not fail to notice that Paul presented this liberty - with one clear restriction.
 - The widow or widower is free to marry whomever they wish to marry providing that they are both in the Lord.

- Remember it's in 2nd Corinthians chapter 6 where Paul challenged the Christians in Corinth to realize that...
 - ...believers can have NO part with unbelievers and it's for this reason that he encouraged every Christian...
 - ...to refrain from becoming unequally yoked together with unbelievers.
 - And it's for this reason that Paul encouraged widows who want to remarry - to remarry someone who is also in the Lord.

Happier

- At the same time he also shared his personal opinion about the issues that will happen to those who remarry.
 - Let's consider how he put it there in verse 40 where Paul declared...
 - 1Co 7:40 But she is happier if she remains as she is, according to my judgment—and I think I also have the Spirit of God.
 - Now listen I don't think that Paul was making a blanket statement that all widows who remarry will be unhappy.
 - I know several Christians who are happily remarried after the death of their spouse.
 - At the same time there should be no doubt that every marriage will include relational difficulties.
 - And listen the older the individual the more difficult it could be to make the adjustments that are necessary...
 - ...for experiencing a marriage that is Happily Ever After.

Application

Pre-marital

- That being the case I encourage every widow and every widower to seek relationship counsel before you get remarried.
 - At the same time I also encourage those who are preparing for marriage to seek the pre-marital counsel most pastors offer.
 - You might not know this but I won't officiate a wedding until the couple has been through our pre-marital program.
 - The reason why is because every Christian couple needs to understand what the Bible says...
 - ...about the lifelong covenant that they're entering into with the Lord.
 - And it's for this reason that I won't officiate a wedding unless the couple has received the relationship counsel they need.

General

- I also encourage every Christian couple to seek post marriage counsel before disagreements become an excuse for divorce.
 - Christian listen maintaining a healthy marriage can be extremely difficult.
 - And when we factor in issues like financial stress raising kids and dealing with overbearing in-laws...
 - ...there should be no doubt that there are times when relationship counsel is absolutely necessary.
 - And while it's true that there is no shortage of relationship counsellors who are happy to charge you for their time...
 - ...I encourage every Christian to make sure to find relationship counsellors who base their counseling on the word of God.

 And the reason why is because - God's word provides us with the relationship counsel that we need.

VII. Conclusion

- Wrap up
- Points
 - For example it's here in our text today where...
 - 1. ... Paul presented Relationship Counsel for Christian Singles
 - 2. ... Paul also presented Relationship Counsel for Christian Couples
 - 3. ...Paul presented Relationship Counsel for Christian Parents
 - 4. ...and Paul presented Relationship Counsel for Christian Widows.
 - As we consider all of the counsel that Paul presented here in our text today...
 - ...I want to assure you that the professional counselors who present you with relationship counsel that is in conflict with God's word...
 - ...are actually leading you astray with unbiblical advice.
 - That being the case I encourage every Christian to seek relationship counsel from mature believers...
 - ...who are able to provide Relationship Counsel for every situation according to God's word.