### OHC G2 Week #8 Fall Block 2023 (Mark 6:30-44)

**QUICK REVIEW:** Looking back at your notes from this week's teaching, was there anything that particularly caught your attention, challenged, convicted or confused you?

**MY STORY:** Do you find it difficult to take time to rest? Why?

**DIGGING DEEPER:** Read or tell the Story: Mark 6:30-32 What is Jesus teaching His disciples?

How does getting rest relate to what God has called you to do?

What can happen if you don't take the time to rest (to cease activity?)

Read 2 Kings 20:1-6 How would you describe your history with God?

What does God want us to know from this text?

When have you wept bitterly?

**Read or tell the Story:** Daniel 6:16-23 What do you like about this story?

How does this story encourage you to stand up for the Gospel?

What do we need to understand about the king's behavior?

When have you known God's protection?

**MEMORIZE ONE:** Psalm 46:10, Psalm 84:12, Proverbs 11:28, Proverbs 16:3 Share how memorizing one of these verses has strengthened you.

**TAKING IT HOME:** How have you been encouraged or convicted through this study?

#### Mark 6:30-32

30 The apostles gathered around Jesus and reported to him all they had done and taught. 31 Then, because so many people were coming and going that they did not even have a chance to eat, he said to them, "Come with me by yourselves to a quiet place and get some rest." 32 So they went away by themselves in a boat to a solitary place.

### 2 Kings 20:1-6

In those days Hezekiah became ill and was at the point of death. The prophet Isaiah son of Amoz went to him and said, "This is what the Lord says: Put your house in order, because you are going to die; you will not recover." 2 Hezekiah turned his face to the wall and prayed to the Lord, 3 "Remember, Lord, how I have walked before you faithfully and with wholehearted devotion and have done what is good in your eyes." And Hezekiah wept bitterly. 4 Before Isaiah had left the middle court, the word of the Lord came to him: 5 "Go back and tell Hezekiah, the ruler of my people, 'This is what the Lord, the God of your father David, says: I have heard your prayer and seen your tears; I will heal you. On the third day from now you will go up to the temple of the Lord. 6 I will add fifteen years to your life. And I will deliver you and this city from the hand of the king of Assyria. I will defend this city for my sake and for the sake of my servant David.""

### **Daniel 6:16-23**

16 So the king gave the order, and they brought Daniel and threw him into the lions' den. The king said to Daniel, "May your God, whom you serve continually, rescue you!" 17 A stone was brought and placed over the mouth of the den, and the king sealed it with his own signet ring and with the rings of his nobles, so that Daniel's situation might not be changed. 18 Then the king returned to his palace and spent the night without eating and without any entertainment being brought to him. And he could not sleep. 19 At the first light of dawn, the king got up and hurried to the lions' den. 20 When he came near the den, he called to Daniel in an anguished voice, "Daniel, servant of the living God, has your God, whom you serve continually, been able to rescue you from the lions?" 21 Daniel answered, "May the king live forever! 22 My God sent his angel, and he shut the mouths of the lions. They have not hurt me, because I was found innocent in his sight. Nor have I ever done any wrong before you, Your Majesty." 23 The king was overjoyed and gave orders to lift Daniel out of the den. And when Daniel was lifted from the den, no wound was found on him, because he had trusted in his God.

#### Psalm 46:10

He says, "Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth."

# Psalm 84:12

LORD Almighty, blessed is the one who trusts in you.

# Proverbs 11:28

Those who trust in their riches will fall, but the righteous will thrive like a green leaf.

# Proverbs 16:3

Commit to the LORD whatever you do, and he will establish your plans.