



It's Not Supposed To Be This Way

Cast Your Cares | Pastor Andrew Smith

I. Humble Yourselfs - Read 1 Peter 5:5b,6

1. Pastor Andrew listed three reasons we find it hard to do this:
Pride Arrogance Independence
Tell of a time when one (or all) of these character traits led to a “less-than-desirable” outcome.
2. Pastor Andrew stated that a lack of humility divides us from God.
How does it do this?
What do pride, arrogance, and independence say about God’s sovereignty?

Read James 4:1-3

3. What does James say comes from a lack of humility (considering others first)?
4. When must we humble ourselves?
5. (For discussion) Is it ever okay not to humble yourself? When?

II. Cast Your Cares on Him - Read 1 Peter 5:7

6. God has three “Omnis.” Explain them.
7. Do you suffer from information overload? How does it affect your moods? Your ability to sleep at night? The plans you make?
8. How does knowing, “You’re not responsible for what you’re not responsible for,” make a difference?
9. Pastor Andrew mentioned Perspective. How does a God-perspective help anxiety?
10. How do we cast our cares to God? How do the following questions help?
Who said it? (Identify the source.)
Is it true? (Apply God’s Truth)
11. Pastor Andrew listed three primary sources of anxiety and their “truths”:
Money & the future (Matt 6:25,26)
Job security (Gal 6:9)
Relationships (Luke 6:31)
12. How does knowing these truths reduce anxiety?

III. Resist the Enemy



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Read 1 Peter 5: 8,9

13. Are God and the enemy equals? Read Eze 28:12-15, Is 14: 13-15

14. The enemy takes a good thing, makes it an all-consuming thing, and it becomes a bad thing.

What does this become with Money:

Job Security:

Relationships:

Read 1 Peter 5:10

15. God's part is to restore, establish, strengthen and support you.

Which of these are you most in need of right now?

16. What do you think Peter was referring to with "after you have suffered a little while"?

Read 1 Peter 5:11

Amen!