

The Quiet Spirit of Contentment IS opposed to:

- **Murmuring**
- **Vexing and fretting**
- **A tumultuousness of spirit that interrupts service**
- **Distracted heart eating cares and fears**
- **Sinking discouragements**
- **Shifting and sinful shirking**

Contentment in Suffering

Phil 4:10-13

1 Tim 6:6, 8

Contentment is desiring nothing but to belong to the Lord and be entirely at his disposal. To be well skilled in the mystery of contentment is the duty, glory, and excellency of a Christian.

1. Contentment Learned not Made-

2. Contentment is in God's Character

CONTENTMENT is a communicable attribute of God

God's aseity

- God is the all sufficient God

- Our Sufficiency comes from GOD

2 Cor 3:5

2 Cor 9:8

2 Cor 5:21 - 6:9

God's sovereignty

God's goodness

God's wisdom

God's immutability

Eph 1:3-6

3. Contentment is Grounded in Our Identity

4. Contentment Defined

Christian contentment is that sweet, inward, quiet, gracious, frame of spirit, freely submitting to, and taking delight in God's wise, and fatherly disposal in every condition.

Ps 62:1,2

Ps 32:3

The Quiet Spirit of Contentment IS NOT opposed to:

- Acknowledging a due sense of affliction
John 11:33
John 13:21

- Bringing suffering to God and others
Luke 22:44 agony prayed more earnestly sweating blood

- Endeavoring to alleviate or better your condition
John 12: 27