

## Session 3 – Communication

### I. Communication is “Good”

#### a. God created communication!

i. Gen 1:28

ii. Gen. 3:1-13

iii. Prov. 18:2

#### b. **SO The bible is not silent!**

i. The Bible is full of wisdom and commands on how we should communicate covering everything from body language (Proverbs 16:30) to prayer (Matthew 6:9-13) and how we speak to others.

c. Psalm 34:12-13

d. I Peter 3:10

### II. Communication Triage

#### a. Survey the Scene “what’s in your wake”

i. We often say things like "that's not what I meant to say" or "I spoke without thinking" but Jesus tells us that what comes out of our mouths is really what is inside us and not just a meaningless "slip of the tongue".

James 3:2-12

#### b. Primary survey “getting to the heart of the matter”

i. sinful, self-centered, desires are the root cause of our communication failures

1. James 4:1-3

2. Prov. 19:13

#### c. Secondary Survey “time for personal evaluation”

- What exactly do you want?

1. Matthew 15:18

2. Matthew 12:34b

3. Proverbs 10:18-21

### III. Recreating Good Communication

#### a. Be Honest

- i) Ephesians 4:25

- ii) Proverbs 27:6

#### b. Solve your Problems Quickly

- i) Ephesians 4:26-27

#### c. Be Encouraging instead of attacking

- i. Ephesians 4:29

- ii. Luke 4:22

#### d. Act in Kindness and Forgiveness

- i. Ephesians 4:31-32