

1 READ ABOUT IT!

"In whom [Jesus] ye also trusted, after that ye heard the word of truth, the gospel of your salvation: in whom [Jesus] also, after that ye believed, ye were sealed with that Holy Spirit of promise."

—Ephesians 1:13

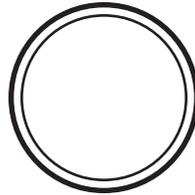
3 PRAY ABOUT IT!

Thank God you belong to Him! Thank Him for giving you the Holy Spirit as a sign that you belong to Him!

2 THINK ABOUT IT!

Many years ago people would seal (close) their letters in a special way. They would take a blob of hot wax and put it on the opening of the letter. Then they would take a special ring with a design in it and press it into the hot wax. It would seal the letter and show that what was inside was special. When you believe in Jesus as your Savior, God gives you the Holy Spirit as your Helper. This is God's way of saying, "This person is mine!" It is God's seal that says you are His!

If you were going to create a seal for a letter, what would it look like? Draw it below.



Quiet Time

WORD UP! The Holy Spirit is the Helper!

Keep working on your memory verse. Try to say it with your eyes closed each day, then read it and see how much you already know!

"For I delivered unto you first of all that which I also received, how that Christ died for our sins according to the scriptures; and that he was buried, and that he rose again the third day according to the scriptures."

1 Corinthians 15:3-4

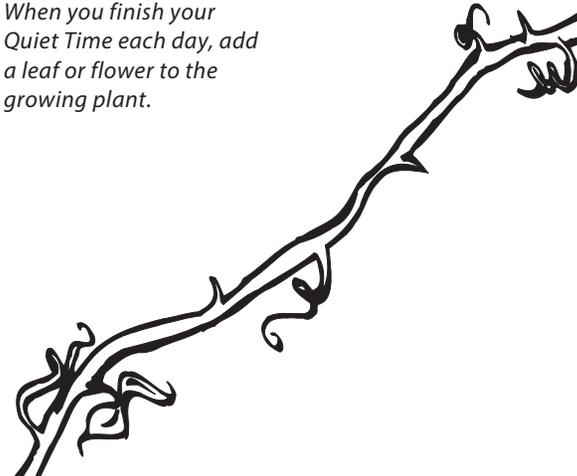
Fill in the blanks from your memory verse.
Try to do it without looking.

"For I _____ unto _____ first
of all that which I also _____, how
that _____ for our _____
according to the _____; and that
he was _____, and that he _____ again
the _____
to the scriptures." 1 Corinthians __:3-4

In club you learned that God sent the Holy Spirit to His disciples. God the Holy Spirit is with all who believe in Jesus. Each day this week you will read more about the Holy Spirit and how He helps those who believe in Jesus.

When you learn something new or you are reminded of something important, write it down or draw it in the box below. Then tell someone about it!

When you finish your Quiet Time each day, add a leaf or flower to the growing plant.



Day 1
1 READ ABOUT IT!

“But the Comforter, which is the Holy Ghost [God the Holy Spirit], whom the Father will send in my name, he shall teach you all things, and bring all things to your remembrance, whatsoever I have said unto you.”
 —John 14:26

3 PRAY ABOUT IT!

Thank God for sending the Holy Spirit.

2 THINK ABOUT IT!

One of the things God the Holy Spirit does is help those who believe in Jesus. He helps us understand and remember God's Word. Before you read the Bible, ask God the Holy Spirit to help you understand what it says and to remember it even when your Quiet Time is over.

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Unscramble the words to finish the sentence.

The _____ Spirit helps me

_____ and _____

God's _____

Day 2
1 READ ABOUT IT!

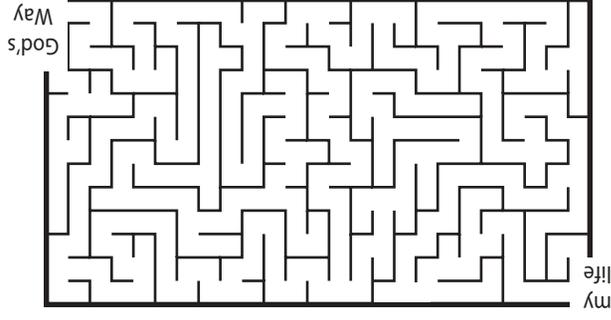
“Now we have received, not the spirit of the world, but the spirit which is of God; that we might know the things that are freely given to us of God.”
 —1 Corinthians 2:12

3 PRAY ABOUT IT!

Thank God that the Holy Spirit is with you. Ask God the Holy Spirit to help you go God's way each day and to understand the Bible.

2 THINK ABOUT IT!

God the Holy Spirit is always with those who believe in Jesus. After you believe in Jesus as your Savior, you will still live in the sinful world. There are many things in the world that will try and get you to go a sinful way instead of God's way. The Holy Spirit will help you understand when you read the Bible so you will go God's way instead of a sinful way.



Day 3
1 READ ABOUT IT!

“But the **fruit** of the Spirit is **love, joy, peace, gentleness** [kindness], **longsuffering** [patience], **goodness, faith, meekness** [humble], **temperance** [self-control]...”
 —Galatians 5:22-23

3 PRAY ABOUT IT!

Thank God for giving the Holy Spirit. Ask Him to help you live in a way that shows the fruit of the Spirit.

2 THINK ABOUT IT!

When you believe in Jesus, the Holy Spirit comes to live inside you to help you grow and change to be more like Jesus. When you have the Spirit living in you, your life starts to change and you start to bear fruit. That means you start to live differently. This verse talks about some of the things the Holy Spirit helps to change in your life.

Find the bold words from the verse in the word search.

N	U	Z	G	R	F	R	U	I	T
U	E	K	E	C	O	E	B	P	A
N	W	H	N	I	V	K	X	Y	F
J	Q	U	T	O	E	N	N	U	S
N	C	K	L	A	B	E	M	U	G
J	G	W	E	K	C	V	Y	C	B
N	C	I	N	A	M	W	Y	O	O
F	V	F	E	A	M	P	F	F	E
W	W	P	S	N	H	U	T	M	L
I	H	O	S	W	K	A	K	S	D

Day 4
1 READ ABOUT IT!

“Likewise the Spirit also helpeth our infirmities [weaknesses]: for we know not what we should pray for as we ought; but the Spirit itself maketh intercession for us with groanings which cannot be uttered.”
 —Romans 8:26

3 PRAY ABOUT IT!

Thank God for the Holy Spirit, who is always there to help you pray.

2 THINK ABOUT IT!

Did you know the Holy Spirit helps you pray? That's what this verse is talking about. Sometimes you may not know the words to pray. Maybe you are sad or lonely or you don't know exactly what you are feeling. Maybe you want to pray for someone but you don't know the right words. The Holy Spirit prays for you as you pray. Even when you don't know what to pray, the Holy Spirit ALWAYS knows the words to say and He ALWAYS asks for the right thing.

