

STOP – June 11, 2017 Pastor Shannon Chapman

In this series, 7 Summer Decisions we will collectively be challenged to make a decision. This series is fundamentally based on the power of choices.

The Principle of Reaping and Sowing

Galatians 6:7-9, Do not be deceived: God cannot be mocked. A man reaps what he sows. Whoever sows to please their flesh, from the flesh will reap destruction; whoever sows to please the Spirit, from the Spirit will reap eternal life. Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up.

- Who we are today is due to what we did yesterday.
- Who we are tomorrow might just be due to what we STOP doing today.

Two Options with Reaping and Sowing:

- Sow in the flesh reap corruption
- Sow in the Spirit reap walking in the Spirit

Connecting the Dots

- We have to start connecting the dots between where you are and where you want to be.
- If I go down this road, what story will I end up telling?

Consider the LIFE OF MOSES

Exodus 18:17-19, Moses' father-in-law replied, "What you are doing is not good. You and these people who come to you will only wear yourselves out. The work is too heavy for you; you cannot handle it alone. Listen now to me and I will give you some advice, and may God be with you. You must be the people's representative before God and bring their disputes to him.

- Do you have a habit, mindset, addiction, attitude, or thought process, something in your life that is hijacking the story God wants you to tell?
- Principle from the story of Moses The choice to STOP doing something not only changed his circumstances but also changed the story Moses would one day tell.

Overcoming Bad Habits

- External Habits
- Internal Habits

Where is your story headed?

- What does God want me to want?
- Based on what God wants you to want, what does God want you to STOP?
- Romans 12:2, Do not conform to the pattern of this world, but be transformed by the renewing of your mind.

Second Summer Decision

Today, I make the decision to stop _____