

Ephesians 4:1-16

4:1 Therefore I, the prisoner of the Lord, exhort you to walk worthy of the calling with which you were called,

4:2 with all humility and gentleness, with patience, bearing the other IN LOVE,

4:3 being diligent to keep the unity of the Spirit in the bond of peace;

4:4 *one* body and *one* **Spirit**, just as also you were called in *one* hope of your calling;

4:5 *one* **Lord**, *one* faith, *one* baptism,

4:6 *one* **God and Father** of all who [is] over all and through all and in all.

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4:7 But to each one of us grace was given according to the measuring out of the gift of Christ.

4:8 Therefore it says, "When He ascended on high, He took captivity captive; He gave gifts to men."

4:9 (Now what is "He ascended," but that He also descended into the lower parts of the earth?

4:10 The one who descended is Himself also the one who ascended far above all the heavens, in order that that He might fill all things.)

4:11 And it was He who gave some as apostles, and some as prophets, and some as evangelists, and some as pastors and teachers,

4:12 for the equipping of the saints for **work** of ministry, for **building** up of the **body** of Christ;

4:13 until we all attain to the unity of the faith, and of the knowledge of the Son of God, to a mature person, to the measure of the stature of the fullness of Christ,

4:14 so that we may no longer be children, being tossed by waves and carried about by every wind of doctrine by the trickery of people, by the craftiness of the deceptive scheme,

4:15 but being truthful IN LOVE, we are to grow up in all things into Him who is the head, Christ,

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4:16 from whom the whole body, co-fitted and conjoined through every supporting connection according to the **working** in measure of each individual part, causes the growth of the **body** for **building** itself IN LOVE.

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