

## Case Study

- I. Trauma
  - 1. It was unexpected
  - 2. You were unprepared.
  - 3. There was nothing you could do to stop or change what was happening.
- II. Triggers
  - A. God's design
  - B. Trigger alert
- III. Read/Discuss Assessment
  - A. Ask Questions and Discuss
    - 1. Who is coming for help?
    - 2. What is their reason (i.e. who or what do they see as the problem)?
    - 3. How many children are involved?
      - How might the ages and range of ages affect this woman's life in a normal situation?
      - How might the ages and range of ages between children affect this woman's life in an oppressive situation?
    - 4. How long have they been married?
      - Take into account how long she's been living in these circumstances.
      - How subtly might words and behaviors be expressed?
      - What kinds of things might keep her in this type of relationship for this long?
    - 5. What do you notice about her church attendance? How might that affect her involvement with others? What kinds of things might others see or not see?
    - 6. Who else knows? How is this significant?
      - What are possible responses?
- IV. The Rest of the Story
  - C. Read/Discuss Case Study