

WHY YOU NEED TO THINK ABOUT WHAT YOU THINK ABOUT

Rethinking Your Life – Part 1

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INTRODUCING THE SERIES: 9 Pillars

1. MY THOUGHTS _____ BUT I CAN

“Be careful what you think about because your thoughts run your life!”
Proverbs 4:23 (NCV)

“...your life is shaped by your thoughts.” (TEV)

2. ANY CHANGE I WANT IN MY LIFE _____

“Do not conform yourselves to the standards of this world, but let God transform you inwardly by a complete change of your mind.”
Romans 12:2 (TEV)

“You’re blessed when you get your inside world—your mind and heart—put right. THEN you can see God in the outside world.” Matthew 5:8 (MSG)

3. I CAN CHANGE _____

David: “My heart is breaking, so I TURN my thoughts to God.”
Psalm 42:6 (TEV)

Jonah: “When I’d lost all hope, I TURNED my thoughts once more to the Lord.” Jonah 2:7 (NLT)

THINK --> FEEL --> ACT

3. EVERY BEHAVIOR IS BASED _____

“Think carefully about your behavior.” Haggai 1:5 (NJB)

ASK: _____

“A foolish person will believe anything. But a wise person THINKS ABOUT what he does.” Proverbs 14:15 (ICB)

4. ANYTIME I SIN, AT THAT MOMENT _____

“There are many ways that we THINK are right but they lead to death.”
Proverbs 14:12 (NJB)

“Temptation comes from the lure of our own inner desires. These evil desires lead to evil actions, and the actions lead to death.” James 1:14-15 (NLT)

6. AN UNSEEN WAR IS GOING ON _____

“It seems to be a fact of life that while I want to do what is right, I inevitably do what is wrong. I want to do God’s will so far as my new nature is concerned; but there’s something else deep within me that is at war with my mind and wins the fight and makes me a slave to the sin inside me. In my mind I want to be God’s servant, but instead I find myself still enslaved to sin.” Romans 7:21-23 (LB)

7. TO WIN THE BATTLE IN & FOR MY MIND, I MUST HAVE

“While we live in the world, we don’t fight the same way the world does. We fight with God’s weapons, not worldly ones. Our weapons have God’s power to demolish the enemy’s strong places. We can knock down all the worldly arguments and prideful defenses that set themselves up (in our minds) against the knowledge of God. In this war, we capture every rebel thought and we make it give up, and obey Christ!” 2 Corinthians 10:3-5

“If your sinful nature controls your mind, there is death. But if the Holy Spirit controls your mind, there is life and peace.” Romans 8:6 (NLT)

Jesus: “If you learn and obey my Word, you will be my disciple. Then you will know the truth, and the truth will set you free.” John 8:31-32

8. MY GOAL IS TO _____

“Since Jesus went through everything you’re going through, and more, learn to think like him.” 1 Peter 4:1 (MSG)

“Your thoughts and attitudes must be the same as that of Christ Jesus.”
Philippians 2:5

“We have the mind of Christ!” 1 Corinthians 2:16

9. RETHINKING MY LIFE TO MATCH HOW JESUS THINKS IS CALLED _____

METANOIA = TO CHANGE YOUR MIND

“Repent -- change your mind and return back to God -- so that all your sins may be erased -- blotted out and wiped clean -- and so that times of refreshing...and recovering...and reviving...may come from the presence of the Lord!” Acts 3:19 (Amp)

JESUS: "I know your good deeds, your hard work, and your perseverance...
But I've noticed this: You don't love me as much as you used to at first. So
REMEMBER what it was like before you fell away, and **REPENT** -- change
your mind and attitude, and **RETURN** to doing the things you did with me at
first!" Revelation 2:2, 4-5

Current Series

Rethinking YOUR LIFE

Part 1:

Why You Need to Think About What
You Think About

Psalm 139:17-18

Living Bible

“How precious it is, Lord, to realize that you are thinking about me constantly! I can’t even count how many times a day your thoughts turn toward me. And when I waken in the morning, you are still thinking of me!”

Rethinking
YOUR LIFE

1. My thoughts control my life
but I can control my thoughts

Rethinking
YOUR LIFE

Proverbs 23:7

King James Version

“For as a man thinks, so is he.”

Rethinking
YOUR LIFE

Proverbs 4:23

New Century Version

“Be careful what you think about because your thoughts run your life!”

Rethinking
YOUR LIFE

Proverbs 4:23

Today's English Version

“Be careful what you think about because your thoughts run your life!”

Rethinking
YOUR LIFE

Ask: Do I really want to think
about this right now?

Rethinking
YOUR LIFE

2. Any change I want in my life
must start in my mind

Rethinking
YOUR LIFE

Romans 12:2

Today's English Version

“Do not conform yourselves to the standards of this world, but let God transform you inwardly by a complete change of your mind.”

Rethinking
YOUR LIFE

Matthew 5:8

The Message

“You’re blessed when you get your inside world—your mind and heart—put right. Then you can see God in the outside world.”

Rethinking
YOUR LIFE

3. I can change how I feel by
changing how I think

Rethinking
YOUR LIFE

Psalm 42:6

Today's English Version

“My heart is breaking, so I turn my thoughts to God.”

Rethinking
YOUR LIFE

Jonah 2:7

New Living Translation

“When I’d lost all hope, I turned my thoughts once more to the Lord.”

Rethinking
YOUR LIFE

4. Every behavior is based on a
belief

Rethinking
YOUR LIFE

Haggai 1:5

New Jerusalem Bible

“Think carefully about your behavior.”

Rethinking
YOUR LIFE

Ask: What am I believing right now?

Rethinking
YOUR LIFE

Proverbs 14:15

International Children's Bible

“A foolish person will believe anything. But a wise person thinks about what he does.”

Rethinking
YOUR LIFE

5. Anytime I sin, at that moment
I'm believing a lie

Rethinking
YOUR LIFE

Proverbs 14:12

New Jerusalem Bible

“There are many ways that we think are right but they lead to death.”

Rethinking
YOUR LIFE

James 1:14-15

New Living Translation

“Temptation comes from the lure of our own inner desires. These evil desires lead to evil actions, and the actions lead to death.”

Rethinking
YOUR LIFE

Ask: What lie am I believing?

Rethinking
YOUR LIFE

6. An unseen war is going on in
and for my mind

Rethinking
YOUR LIFE

Romans 7:21-23

Living Bible

“It seems to be a fact of life that while I want to do what is right, I inevitably do what is wrong. I want to do God’s will so far as my new nature is concerned; but there’s something else deep within me that is at war with my mind and wins the fight and makes me a slave to the sin inside me. In my mind I want to be God’s servant, but instead I find myself still enslaved to sin.”

Rethinking
YOUR LIFE

7. To win the battle in and for my mind, I must have God's Spirit and God's Word inside me

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YOUR LIFE

2 Corinthians 10:3-5

“While we live in the world, we don’t fight the same way the world does. We fight with God’s weapons, not worldly ones. Our weapons have God’s power to demolish the enemy's strong places. We can knock down all the worldly arguments and prideful defenses that set themselves up (in our minds) against the knowledge of God. In this war, we capture every rebel thought and we make it give up, and obey Christ!”

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YOUR LIFE

Romans 8:6

New Living Translation

“If your sinful nature controls your mind, there is death. But if the Holy Spirit controls your mind, there is life and peace.”

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YOUR LIFE

John 8:31-32

“If you learn and obey my Word, you will be my disciple. Then you will know the truth, and the truth will set you free.”

Rethinking
YOUR LIFE

8. My goal is to learn to think
like Jesus

Rethinking
YOUR LIFE

1 Peter 4:1

The Message

“Since Jesus went through everything you’re going through, and more, learn to think like him.”

Rethinking
YOUR LIFE

Philippians 2:5

“Your thoughts and attitudes must be the same as that of Christ Jesus.”

Rethinking
YOUR LIFE

9. Rethinking my life to match how Jesus thinks is called repenting

Rethinking
YOUR LIFE

Acts 3:19

Amplified Bible

“Repent -- change your mind and return back to God -- so that all your sins may be erased -- blotted out and wiped clean -- and so that times of refreshing...and recovering...and reviving...may come from the presence of the Lord!”

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YOUR LIFE

Revelation 2:2, 4-5

“I know your good deeds, your hard work, and your perseverance... But I’ve noticed this: You don’t love me as much as you used to at first. So remember what it was like before you fell away, and repent -- change your mind and attitude, and return to doing the things you did with me at first!”

Rethinking
YOUR LIFE