

Anger's Warning to Us

Discussion Notes

Matthew 5:21-26

June 26, 2022

Message Summary:

Jesus discusses anger in very serious terms, equating it with murder, and also judgment/consequences that will come in the present (not just in the future). But Jesus offers us a solution to anger—reconciliation, which seems to take precedent even over worship.

Intro Questions:

What is your personal experience with anger, either on the receiving end or the giving end?

Read Matthew 5:21-26

Take a personal inventory of your relational sphere:

- What relationships do you need to repair?
- Has anything prevented you from doing so in the past?
- How can you take the first step to do so?

Sometimes, our work and service to God can inadvertently serve to allow us to avoid facing other problems. Perhaps this is why Jesus encouraged people to leave their gift at the altar and go and be reconciled first.

Have you been using church or “Christian” activities as an excuse to avoid reconciliation with someone?

Anger often attempts to lie to us by convincing us that what is most important is how we have been wronged, as opposed to placing our relationship with the other person as more important.

What steps can you take to combat the effects of anger in your life?

Prayer Suggestions:

Invite Jesus to come and change the patterns that have reinforced anger for you.