

Ephesians: Week 1
Title: Ephesians: Focused on God
Scripture Reading: Ephesians 1:1-23
Discussion Questions

1. Today we are starting a new sermon series on the book of Ephesians. Each week of this series will focus on a chapter, so today is Ephesians chapter 1. Take time to read this chapter for yourself. What stands out to you as you read? What is confusing or do you have questions about?
2. Some scholars have said that “pound for pound” Ephesians may be the most influential document ever written. Only the Psalms, the Gospel of John, and Romans have been more influential in shaping Christian life, but those are all much longer than the few pages of Ephesians. How much time have you spent in the book of Ephesians? How familiar are you with this book?
3. In many ways Ephesians feels like it could have been written to us. It describes human beings, their predicament, sin, and delusion, but much more it describes God’s reaching out to people to recreate and transform them into a new society. It describes who we are without Christ, and who we can be with Him. If asked by a friend how comfortable would you be at explaining why Jesus came? If that sounds challenging, Ephesians may be a good book for you.
4. Chapter one of Ephesians contains a song of praise to God, and a prayer for God to continue to reveal Himself to the church in Ephesus. It’s fully focused on God, and rightfully so. How much would you say your life is forced on God? Is God at center stage or is He just a supporting chapter in your own self-focused novel?