



## FALL 2020

Chapel in the Pines family, with everything going on, these last number of months have been for many an anxious time. When we are feeling anxious, Philippians 4:4-8 has a few commands for us. First, we are called to **rejoice in the Lord**. Second, we are called to **present our requests to God**. Finally, we are called to **meditate on good things**. We are called to do all these things with the promise that the God of peace will be with us.

For centuries, believers have turned to the book of Psalms to help them in their prayer lives. Some have even called the book of Psalms the “prayer book of the Bible.” So, you are invited this fall to join in a Bible reading plan focused on the book of Psalms. Each day of the week (Monday-Friday), for thirty days, you will be assigned a Psalm to read. Simply follow the reading plan on the back side of this paper.

## Thirty Days of Psalms

Day 1:	Monday August 31 <sup>st</sup>	- Psalm 23
Day 2:	Tuesday September 1 <sup>st</sup>	- Psalm 91
Day 3:	Wednesday September 2 <sup>nd</sup>	- Psalm 27
Day 4:	Thursday September 3 <sup>rd</sup>	- Psalm 121
Day 5:	Friday September 4 <sup>th</sup>	- Psalm 139
Day 6:	Monday September 7 <sup>th</sup>	- Psalm 37
Day 7:	Tuesday September 8 <sup>th</sup>	- Psalm 1
Day 8:	Wednesday September 9 <sup>th</sup>	- Psalm 51
Day 9:	Thursday September 10 <sup>th</sup>	- Psalm 33
Day 10:	Friday September 11 <sup>th</sup>	- Psalm 35
Day 11:	Monday September 14 <sup>th</sup>	- Psalm 34
Day 12:	Tuesday September 15 <sup>th</sup>	- Psalm 100
Day 13:	Wednesday September 16 <sup>th</sup>	- Psalm 103
Day 14:	Thursday September 17 <sup>th</sup>	- Psalm 46
Day 15:	Friday September 18 <sup>th</sup>	- Psalm 31
Day 16:	Monday September 21 <sup>st</sup>	- Psalm 24
Day 17:	Tuesday September 22 <sup>nd</sup>	- Psalm 25
Day 18:	Wednesday September 23 <sup>rd</sup>	- Psalm 18
Day 19:	Thursday September 24 <sup>th</sup>	- Psalm 3
Day 20:	Friday September 25 <sup>th</sup>	- Psalm 8
Day 21:	Monday September 28 <sup>th</sup>	- Psalm 118
Day 22:	Tuesday September 29 <sup>th</sup>	- Psalm 19
Day 23:	Wednesday September 30 <sup>th</sup>	- Psalm 40
Day 24:	Thursday October 1 <sup>st</sup>	- Psalm 127
Day 25:	Friday October 2 <sup>nd</sup>	- Psalm 4
Day 26:	Monday October 5 <sup>th</sup>	- Psalm 5

**Day 27: Tuesday October 6<sup>th</sup> - Psalm 20**

**Day 28: Wednesday October 7<sup>th</sup> - Psalm 22**

**Day 29: Thursday October 8<sup>th</sup> - Psalm 21**

**Day 30: Friday October 9<sup>th</sup> - Psalm 133**