

FRUIT OF THE SPIRIT

Assessment

We are all striving to grow in greater Christ-likeness. On a scale of 1 to 5, evaluate each of the following Spirit-infused character traits in your life. (You can also invite someone who knows you well to complete the assessment based on their current experience of you.) Use your assessment as an opportunity to grow in cooperation with the Holy Spirit for your continued growth. You can also use this assessment as a helpful guide for daily prayer, thanking God for ways your character is maturing, and asking the Holy Spirit's help to mature in ways you need to grow.

Love (1 John 2:28-3:6)

I eagerly and lovingly serve anyone unconditionally.

1 2 3 4 5

Joy (John 16:9-24)

I have a positive, hopeful perspective in all circumstances.

1 2 3 4 5

Peace (Philippians 4:4-13)

I have a calm confidence in all circumstances.

1 2 3 4 5

Patience (Romans 12:9-21)

I am understanding and unruffled with all people and circumstances.

1 2 3 4 5

Continued on back



Kindness (Colossians 3:12-17)

I eagerly bless others without needing recognition or reciprocation.

1 2 3 4 5

Goodness (Galatians 6:1-10)

I actively pursue what is right and moral in my life and for others.

1 2 3 4 5

Faithfulness (2 Timothy 2:8-13)

I am loyal in my relationships and commitments.

1 2 3 4 5

Gentleness (Titus 3:1-8)

I relate to others with humility, respect, and tenderness.

1 2 3 4 5

Self-Control (Titus 2:2-14)

My life, relationships, thoughts, and actions are purposeful and disciplined.

1 2 3 4 5

---CULTIVATING THE CHARACTER OF JESUS---

