## **Biblical Counseling Sync Up Meeting**

## Week 19 CDC 12

## **Teaching Notes**

- 1. How should I respond if the other person doesn't repent?
  - Reconciliation can only take place where repentance, asking for forgiveness is asked for
  - That doesn't mean we harbor anger or bitterness but are in a posture of grace longing & ready to forgive the repentant
  - Rom 12:17-21
- 2. What if I don't feel like forgiving?
  - Rom 12:18 Seeking reconciliation is commanded
  - Lk 17:3-4 If they've repented & asked for forgiveness it's commanded
  - Mt 18:21-35 It's the response of those forgiven much more than we've been sinned against
  - It's a decision not a feeling
- 3. Why are the four promises of forgiveness so important?
  - I will not think about this incident?
    - God models this
    - What you focus on you move towards
  - I will not bring up this incident and use it against you?
    - Shows you've really forgiven
    - Not manipulative/blame shift
  - I will not talk to others about this incident.
    - o Perpetuates sin with gossip, slander
    - Focus is on grace not sin

- I will not allow this incident to stand between us.
  - o Doesn't eliminate all consequences but does reconcile relationship
  - o Won't punish them Rom 12:17-21
- 4. What are some important things to consider before attempting to confront someone's sin?
  - o Is this a sin that can be overlooked?
  - Are you willing to receive correction for any sin in the conflict you're responsible for?
  - o Have you removed the plank from your own eye? <u>HUMILITY & GENTLENESS</u>