

The Lord's Supper at Home

Jesus shared his final meal with his disciples, a meal we now call the Lord's Supper. In it, he calls his followers to remember his great sacrifice on the cross. The breaking of the bread and the passing of the cup symbolize the body and blood of Jesus respectively.

Normally, each time we gather as a church we take the Lord's Supper together. Since we are worshiping from home today, this guide will lead you in taking the Lord's Supper with your family or your small group.

Because the Lord's Supper is an act of remembrance for followers of Jesus, any person who has believed on or trusted the Lord Jesus Christ alone for their salvation and has been subsequently baptized can participate. This means that some members of your family or small group may not be ready yet. This is a great opportunity to explain the good news of gospel.

Preparation

Put a loaf of bread or crackers on a platter and pour grape juice or wine in cups for everyone. It's up to you to add music or candles to create a different environment. There are many ways to serve the Lord's Supper. The important thing to remember is that this is a time of worship, celebration, remembering and reflection.

Lord's Supper Guide

Begin by reminding everyone of the purpose of the Lord's Supper by reading this aloud...

We gather here to take the Lord's Supper. Jesus instituted this meal for his followers as a regular remembrance and celebration of his sacrificial death. The breaking and eating of bread symbolize the body of Christ being broken on the cross. The drinking from the cup symbolize the shedding of his blood whereby we are forgiven. In this meal we

worship him and give thanks for the forgiveness of our sins and the new life and relationship that we have in Jesus Christ.

Invite someone to read **Isaiah 53:3-6**

3 *He was despised and rejected by men,
a man of sorrows and acquainted with grief;
and as one from whom men hide their faces
he was despised, and we esteemed him not.*

4 *Surely he has borne our griefs
and carried our sorrows;
yet we esteemed him stricken,
smitten by God, and afflicted.*

5 *But he was pierced for our transgressions;
he was crushed for our iniquities;
upon him was the chastisement that brought us peace,
and with his wounds we are healed.*

6 *All we like sheep have gone astray;
we have turned—every one—to his own way;
and the Lord has laid on him
the iniquity of us all.*

Distribute the bread and cups. Then read the following...

Before partaking the Lord's Supper, the church has often invited those present into a moment for confession. Confession is not something we do to make ourselves feel guilty. Instead, when we admit our sin, we are reminded of our need for grace. So, let's now take a moment of silent prayer for us to confess our sin personally to God and then I will close us in prayer.

After a moment of silent prayer, close by reading this prayer...

Our Father, we confess our sin, and we sometimes follow our way instead of Yours. Have mercy on us and forgive us. Help us walk with you. How us how to live. We thank you that you hear our confession. We thank you for the gift of Jesus. We look forward to the day when we see you again. In Jesus' name, Amen.

Invite everyone to hold the bread in their hands and read the following...

The Scriptures tell us that when we confess, God is faithful and just to forgive. This bread and cup remind us of our assurance of his grace. In Christ, we are accepted, we are forgiven, we are loved.

1 Corinthians 11:23-24 *For I received from the Lord what I also delivered to you, that the Lord Jesus on the night when he was betrayed took bread, ²⁴ and when he had given thanks, he broke it, and said, "This is my body, which is for you. Do this in remembrance of me."*

Eat the bread together.

Then invite everyone to hold their cup and read

1 Corinthians 11:25-26 *In the same way also he took the cup, after supper, saying, "This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me." ²⁶ For as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes.*

Close in your own prayer of thanks to God or read this prayer aloud...

God we thank you for loving us even when we are far from You. Thank you for forgiveness. Thank you for taking our suffering so that we can live with you. Help us to remember you as we learn to love others. In Jesus' name, Amen.