



FOCUS ON

A MARRIAGE SERIES

NOTES

for today's message

Series based on book, From This Day Forward, by Craig and Amy Groeschel)

WE COMMIT TO:

1. Seek God
2. Fight fair
3. Have fun
4. Stay pure
5. Never give up

2 CORINTHIANS 5:15 ...that those who live might no longer live for themselves.

JAMES 4:1 What causes quarrels and what causes fights among you?

JAMES 1:19-20 NIV Everyone should be quick to listen, slow to speak and slow to become angry, 20 because human anger does not produce the righteousness that God desires.

3 RULES FOR FIGHTING FAIR:

1. STOP AND LISTEN

- * **JAMES 1:19** everyone should be quick to listen.
- * **PROVERBS 18:2** A fool takes no pleasure in understanding, but only in expressing his opinion.

2. GUARD OUR WORDS.

- * **JAMES 1:19** Everyone should be quick to listen and slow to speak...
- * **PROVERBS 21:23** Whoever keeps his mouth and his tongue, keeps himself out of trouble.

3. HANDLE OUR ANGER.

- * **JAMES 1:19** let every person be quick to hear, slow to speak, slow to anger...
- * **EPHESIANS 4:26-27** Be angry and do not sin; do not let the sun go down on your anger, 27 and give no opportunity to the devil.