

Message Based Questions - 3/22/20

Be Different: Part 7 Self Control

Verses: Galatians 5:22-23, Luke 15, Philippians 2

ICEBREAKER: *What is a favorite family vacation story?*

What does self control mean to you?

Pastor Rick uses the Biblical story in Luke 15:11-31 as an illustration. One of the things he states is that both brothers are lost. What do you think?

Most of us gravitate towards one of two ways to control ourselves--the stoic (older brother) way or the epicurean (younger brother) way. Which are you?

Both approaches are ultimately about "self controlling self." How is Biblical self control different?

Biblical self control involves two steps:

1. Surrender self to Christ.
2. Allow the Spirit to lead you.

What does this mean to you? What steps can you take to live this way, especially in today's circumstances (anger, fear, etc)?

Read Philippians 2:1-11. How does the example Jesus set for us encourage you in this area?

Was there anything else that stood out to you in this message that you'd like to share?

Close in prayer for one another to Be Different and be used by God to meet physical, emotional and spiritual needs during this time.