## Resilience: The Eden Glory of God!"

"One of the most remarkable things about human beings is how resilient we can be. Yet, one of the most surprising things about human beings is how all that resilience can evaporate in a moment." John Eldredge, Resilient

Matthew 11:28-30 The message version

The Secret of the "Yoke"

Orthodoxy and Orthopraxy

"Jesus realizes that the most restful gift he can give the tired, is a NEW way to carry life...Realism sees life as a succession of burdens, we cannot get away from them. Instead, of offering escape, Jesus offers equipment. Jesus means that his yoke will develop in us a balance and a "way" of carrying life that will give us more soul rest then the way we have been living." John Mark Comer, The Ruthless Elimination of Hurry

Benevolent Detachment

Luke 5:16

The art of "being" before doing. (Martha culture)

The practice of Sabbath

Silence and Solitude

"Without silence and solitude, it is almost impossible to live a spiritual life." Henri Nouwen

**Embrace our Limits** 

Without limits we severely compromise our ability to love God, love others and love ourselves.

God is God, and we are not...

The treasures of loss and grief

2 Corinthians 12:9-10

Overcoming walls in our journey

Love is the mark of true maturity

1 Corinthians 13:13

John 10:10

"Resilience" is the dividing line between those who make it through the difficult times in life and those who don't.

The battle is over your heart

The Temple of God

1 Corinthians 6:19 2 Corinthians 6:16 The New Testament makes it clear that we are the temple of the living God! Your heart/soul is the dwelling place In the Old Testament it was first the tabernacle, then the temple. These were the holy places where God came to be with his people. Exodus 40:34 2 Chronicles 5:13-14 Ephesians 3:17 God has set up a new temple—the heart of his people! The Garden of Eden Glory If you follow the flow of Scripture, and human history, the enemy wants to make everything a wasteland. God wants to make everything a restored Eden! Isaiah 6:1-4 2 Corinthians 3:18 To truly become resilient, to develop a deep supernatural resilience, we need the Eden Glory of God in greater measure in our lives! John 7:37-39 Drink!

Where is the temple now?

1 Corinthians 3:16-17