

The Way part 3 “Be with Jesus, continued”

1 Kings 19:11-13

Luke 4:42-44, 5:15

Matthew 6:6-7

“Hurried Sickness”

Hurry is the great enemy of the spiritual life today

Mary versus Martha spirituality

Being with Jesus compared to doing for Jesus

“Being with Jesus” is counter cultural both in our world and the church culture.

The call was to follow Jesus

Talmid best defined as an “apprentice”

Be with, become like, and do what Jesus did

Modern Christianity since the reformation, has primarily been seen as a set of beliefs. Before this, it was seen as a way of living, and loving. A practice...

Are we ready to say that Christianity must no longer be “just defined” by a list of unchanging beliefs, but rather by the dynamic pursuit of love, in the primacy of compassion—by a “way of life” centered in love, as modeled by Jesus.

“I just want to be a Christian; I don’t want to be a disciple. I like my life the way it is. I believe Jesus died for my sins, and I will be with him when I die. Why do I have to be a disciple?”

“If I believe that Jesus was right about everything and that alone has the key to every aspect of my life here on earth, I will naturally want to stay just as close to him as I can, in every aspect of my life.” – Dallas Willard

Read a few times a week the Sermon on the Mount, *Matthew 5-7*

Spend a few minutes each day in Silence/Solitude

If Jesus practiced this regularly, how much more should I?

Luke 4:42-44, 5:15

Matthew 11:28-30

Hurried Sickness

Hurry is the great enemy of the spiritual life today

Your life is designed to give you the exact results you are getting!

Slowing down

Remove some things from your life.....

“Daily Office”

The core of the daily office is not so much turning to God to get something from him, but to be “with” him. It is an act of offering yourself to “be with” God.

Being with Jesus is not meant to add one more thing to you already busy schedule. It is meant to reset your life towards a new destination—God.

Set aside time throughout the day to “be with” Jesus

Elements of spending time with God

1. Stopping
2. Slowing/Centering

Psalm 46:10

3. Silence/Solitude

“Without solitude it is almost impossible to live a spiritual life.” --Henri Nouwen

4. Scripture

Let’s practice!

Break into groups

- What is your biggest obstacle in incorporating some aspect of this to your life?
- What is one thing you can do this week to incorporate some aspect of the daily office in your day to “be with” Jesus.