

Resilience: Make Love the mark of Maturity and Resilience

We now live in a transactional culture: We love things and we use people.

1 Corinthians 13:1-13

People are feeling used more than ever, because they are being treated like objects, an end to a means. As a result, we have very little in our reserves to cultivate a resilience that is so needed moving forward in our world.

“I-It” and “I-thou”

“I-it”

“I-Thou”

The Power of Asking yourself 3 questions from David Benner: [Soulful Spirituality](#)

1. Am I fully present or distracted?
2. Am I loving or judging?
3. Am I open or closed to being changed?

Am I fully present or distracted?

Am I Loving or Judging?

By judging people, we turn our differences into virtues of moral superiority. And in doing so, we create never-ending ways of subtly categorizing people and diminish their humanity.

“Judging others, leads us into the root and origin of sin, the arrogance in which man wants to be his own and his neighbor’s judge.” Karl Barth

Mathew 7:1

Am I open (humble) or closed (arrogant) to being changed?

We need to be open to being changed because it is a requirement for dialogue. If we are closed to being changed, the best we can hope for is a one-sided monologue.

God's "common grace"

Jesus the incarnation is our model for loving well!

"Annunciations are frequent, and incarnations are rare." Basil, Bishop of Caesarea

Enter into another's world

Listen

Being heard is so close to being loved that for the average person they are almost indistinguishable.

Jesus refused to accept people were growing in love for God in a way that did not translate into love for people.

Jesus's integration of love for God and people was revolutionary in the first century, and it still revolutionary today!

John 13:35