

Focus, part 2 – 10/17/21

Pastor Omar – Living a Life Focused on Christ

Message Summary:

Living a life focused on Christ is possible through pausing, reflecting, meditating and changing.

Matthew 14:22-33 NIV

What does it look like to live a life focused on Christ? How is that possible?

Christ will always come to our rescue, but we must not give up in crying out to him.

Living a life focused on Christ requires constant surrender of ourselves. We must fight Fear & Doubt.

Christ will bring us the things that will provide the most satisfaction in our lives.

How in the world do we practically practice constant surrender to Christ in our incredibly busy lives?

Pausing, reflecting, meditating & changing are the keys to staying focused on Christ.

We have to learn to constantly pause.

Matthew 14: 23 NIV

We have to stop, reflect on our lives, and allow God to speak into our lives.

Where do I spend the most time and energy? Why am I doing what I'm doing?

Simply come before the presence of God and ask him to speak to into your life.

There are many ways in which God can speak into our lives, but we have to be intentional about carving out a time to hear from him.

Changing

1 Peter 1:3-8 NIV

“Even though Peter and his readers cannot see Jesus now, they have learned the lesson of never taking their eyes of faith off him. No matter what Peter is called by his Lord to do, faith simply means saying yes to that summons.”

Discussion Questions:

1. What stands out to you from the message?
2. What progress were you able to make this past week on replacing negative thoughts with what is true, admirable, noble, etc?
3. Read Matthew 14:22-33 NIV. Can you relate to Peter? Have you ever been there?
4. Pastor Omar shared that pausing, reflecting, meditating and changing are the keys to staying focused on Christ. Share any practices you currently use to surrender to Christ.
5. Consider taking some time this week to get alone with God. Ask Him “Where do I spend the most of my time and energy? Why am I doing what I’m doing? How do I need to change?”
6. What encouragement do you receive from 1 Peter 1:3-8?
7. End your group time in prayer asking God to speak and for your group members to be intentional about carving out a time to hear from Him.