

Psalms of Ascent, part 7 – 7/14/24

Sorrowful Joy

Communicating theological claims concerning both God and humanity. -John Calvin

“These texts are both God’s word to humanity and Humanity’s word to God.” -Dennis Tucker Jr.

There is a way in which our sorrows can produce authentic Joy in our lives.

What does it mean to have sorrowful joy, how in the world can our sorrows produce Joy? and how can I apply this to my life?

Psalms 126: 1-3 NIV

Psalms 126: 3-6 NIV

“Psalm 126 comes from a people who are living in between times, between a good time remembered and good time hoped for.” James Limburg

“Restore our Fortunes Lord like the streams of Negev.”

<https://drive.google.com/file/d/1xQh55lkaJgJKL0wuZQGziv-Tg49D9CnR/view?usp=sharing>

Can you relate? How you ever been there? Have you seen wonderful works of God in the past, but you could really use one now?

“On this mysterious pilgrimage we will find that when we do meet difficulties and sorrows, they were not meant to stop us but to form the character required for our great harvest in the coming season.”

There is a way in which our sorrows can produce authentic joy in our lives

Psalms 126: 5-6 NIV

If our tears and sorrows are sown properly, we will see a harvest of Joy in our lives.

learning to reap joy from our seasons of pain and sorrow.

Instead of taking the sorrow or pain away God lovingly wants to bring joy from my pain and sorrow.

If we do not learn to sow our sorrows properly, we will end up wasting our pain & see no fruit.

So the question becomes how in the world can I reap Joy from Sorrow?

We reap joy from sorrow when we remain steadfast in our apprenticeship to Jesus.

The implication here is that we have to actively remain committed to continue to practice the way of Jesus.

How we respond to suffering profoundly influences what we believe and who we become. - Tyler Staton

So what can we practically do to remain steadfast in our discipleship to Jesus amidst the sorrows we experience?

We must intentionally spend time remembering, crying out, and waiting.

Hebrews 4:16 NIV

Remembering God's goodness, Crying out to God, and waiting will allow us to remain steadfast in our apprenticeship to Jesus and will lead to the reaping of songs of joy in our lives.