

# Message Based Questions – 5/26/19

## Anxiety: Part 1

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- 1) What did you find the most challenging, helpful or troubling about the message?
- 2) What does anxiety mean to you?
- 3) Why do you think anxiety is on the rise for all age levels?
- 4) *Read Matthew 6:24-33.* What does Jesus mean when he says you can't serve God and your stuff?
- 5) What are you most anxious about?
- 6) How does recognizing what you are devoted to helpful in understanding your anxiety?
- 7) Look up Romans 12:2. How can applying this verse be helpful in regards to the teaching of Jesus in Matthew 6:24-33?

### **APPLICATION:**

- Memorize Romans 12:2 and/or Proverbs 3:5-8
- Start each day with a surrender prayer: God you are capable of caring for me and my needs today.
- Pray for God's kingdom to come and to grow in your trust in our Abba Father