

## # 5-Day Devotional: Growing Up in Christ

### ## Day 1: From Milk to Solid Food

**\*\*Reading:\*\*** Hebrews 5:11-14

**\*\*Devotional:\*\***

Spiritual maturity doesn't happen automatically with time. The Hebrew Christians had been believers long enough to teach others, yet they remained spiritual infants. This passage challenges us to examine our own growth. Are we still dependent on others to feed us spiritually, or are we learning to digest God's Word for ourselves? Maturity comes through consistent practice—reading Scripture, applying truth, and training our discernment. Like physical growth requires proper nutrition and exercise, spiritual growth demands we move beyond the basics repeatedly rehearsed. Ask yourself: Am I the same Christian I was five years ago? Today, commit to one practice that will help you move from milk to solid food in your faith journey.

### ## Day 2: The Danger of Dullness

**\*\*Reading:\*\*** Luke 8:4-18

**\*\*Devotional:\*\***

Jesus warns us to "take care how we hear." Dullness of hearing isn't about intelligence—it's about attentiveness. When God's Word becomes background noise in our lives, we're in spiritual danger. The seed of God's truth can fall on our hearts without taking root when we're distracted, hardened, or merely going through religious motions. This passage reveals that hearing without responding leads to losing even what we think we have. Combat spiritual dullness by asking after every sermon, Bible study, or devotional time: "What is God saying to me, and how will I obey?" Write it down. Share it with someone. Act on it today. Don't let the truth you hear become ambient noise.

### ## Day 3: Building on the Foundation

**\*\*Reading:\*\*** Hebrews 6:1-3; 1 Corinthians 3:10-15

**\*\*Devotional:\*\***

The gospel is our foundation, but we're called to build upon it. Repentance, faith, baptism, the Holy Spirit, resurrection, and judgment—these elementary truths are essential, but they're meant to be built upon, not endlessly repeated without growth. Paul reminds us that how we build matters. Are we constructing our spiritual lives with gold, silver, and precious stones, or with wood, hay, and straw? Building well requires intentionality: studying deeper truths, developing discernment, serving others, and maturing in holiness. The foundation of the gospel never changes, but our understanding and application should deepen continuously. Today, identify one area of Christian doctrine you need to understand better, and take a step toward learning it.

### ## Day 4: Consider Jesus, Our High Priest

**\*\*Reading:\*\*** Hebrews 4:14-16

**\*\*Devotional:\*\***

When we recognize our spiritual immaturity, the answer isn't self-condemnation—it's running to Jesus. He is our great High Priest who sympathizes with our weaknesses and invites us to approach God's throne boldly. Unlike the Old Testament priests who couldn't provide eternal salvation, Jesus saves completely. When you realize you've been drifting, hardening your heart, or remaining stagnant, don't run from Jesus—run to Him. Confess your spiritual laziness. Acknowledge your dullness. Then receive His grace and mercy. Jesus doesn't shame us for our immaturity; He provides everything we need to grow. His priesthood means we always have access to the Father. Today, spend time considering Jesus—His sacrifice, His intercession, His sufficiency—and let that contemplation transform you.

**## Day 5: Diligence Over Dullness**

**\*\*Reading:\*\*** Hebrews 3:7-15; 2 Peter 1:3-11

**\*\*Devotional:\*\***

The opposite of spiritual dullness is diligence. Peter outlines a progression of spiritual maturity: faith leading to virtue, knowledge, self-control, steadfastness, godliness, brotherly affection, and love. This isn't passive; it requires effort and intentionality. We must "make every effort" to supplement our faith. The Hebrews were warned not to harden their hearts as their ancestors did in the wilderness. Hardness comes gradually—through neglecting God's Word, ignoring conviction, and choosing comfort over growth. Diligence means consistently engaging with Scripture, promptly obeying what we learn, and refusing to coast spiritually. Evaluate your spiritual disciplines honestly. Where have you become sluggish? What step of obedience have you postponed? Today is the day to act. Grow up in Christ by choosing diligence over dullness.