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INTERNATIONAL CHURCH

ANGERED BY MERCY

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engulfed by God's mercy and grace

JONAH 4:1-4

1 But it displeased Jonah exceedingly, and he was angry.

2 And he prayed to the Lord and said, O Lord, is not this what I said when I was yet in my country? That is why I made haste to flee to Tarshish; for I knew that you are a gracious God and merciful, slow to anger and abounding in steadfast love, and relenting from disaster. 3 Therefore now, O Lord, please take my life from me, for it is better for me to die than to live. 4 And the Lord said, Do you do well to be angry?

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I. Anger's Wrath v. 1

II. Anger's Roots v. 2

III. Anger's Results vv. 3-4

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I. Anger's Wrath vv. 1

But it displeased Jonah exceedingly, and he was angry.

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HYPOCATASTASIS; or, IMPLICATION

**A Declaration that implies the Resemblance or Representation;
or Comparison by Implication.**

Hy'-po-cat-as'-ta-sis.

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HYPOCATASTASIS; or, IMPLICATION

**A Declaration that implies the Resemblance or Representation;
or Comparison by Implication.**

Hy'-po-cat-as'-ta-sis.

You are like a beast - simile

You are a beast - metaphor

Beast! - hypocatastasis

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HYPOCATASTASIS; or, IMPLICATION

**A Declaration that implies the Resemblance or Representation;
or Comparison by Implication.**

Hy'-po-cat-as'-ta-sis.

Matt. 6:6 - "Beware of the **leaven of the Pharisees, and of the Sadducees."**

Matt. 15:13 - "Every **plant, which my heavenly Father hath not planted, shall be rooted up."**

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I. Anger's Wrath vv. 1

But it displeased Jonah exceedingly, and he was angry.

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I. Anger's Wrath vv. 1

Jonah began to go into the city, going a day's journey. And he called out, Yet forty days, and Nineveh shall be overthrown! 5 And the people of Nineveh believed God. They called for a fast and put on sackcloth, from the greatest of them to the least of them.

Jonah 3:4-5



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I. Anger's Wrath vv. 1

Anger is always an indication that there is something going on at a deeper level in your life.

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Anger Questionnaire

1. When I am angry I use subtle insults to hurt others.	True	False
2. When I am angry, I will refuse to follow through on tasks to annoy or hurt someone else.	True	False
3. When I am angry, I will indirectly express it and only show other a false happy exterior.	True	False
4. When I am angry, I explore with rage no matter who is around me or where I am.	True	False
5. When I am angry, I am prone to get into fights and cause property damage.	True	False
6. When I am angry, I tend to respond in an extreme manner beyond what caused my anger.	True	False
7. I tend to hold grudges against those who I feel wronged me.	True	False
8. When I am angry, it sits inside of me and grows.	True	False
9. When I am angry, I tend to hold onto anger and disappointment at being treated unfairly.	True	False
10. I tend to hold onto thoughts of revenge.	True	False
11. I spend a lot of time thinking about how to get back at those who have hurt me.	True	False
12. I'd like to inflict hurt or harm on someone for an injury or wrong done to me.	True	False
13. I tend to hold onto my anger for 2 months or more.	True	False
14. I am angry all the time.	True	False
15. I tend to wake up angry, and I'm angry all day.	True	False
16. When a situation makes me angry, I'm still able to focus and work to resolve the situation.	True	False
17. When I am in a situation that angers me, my anger motivates into action to resolve it.	True	False

Anger Type Identifier:

To score the questionnaire, give one point for each True response and add it up to give yourself a total score for each anger type.

Passive-Aggressive	Explosive	Hardened	Vengeful	Chronic	Incidental	Empathic
1.	4.	7. 1	10. 1	13. 1	16.	19.
2. 1	5.	8. 1	11.	14. 1	17.	20.
3.	6. 1	9. 1	12. 1	15.	18.	21.
Total: 1	Total: 1	Total: 3	Total: 2	Total: 2	Total:	Total:



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**“For the anger of man does not produce
the righteousness of God.”**

James 1:20

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I. Anger's Wrath v. 1

Jonah **sees** something...

Jonah **feels** something...

Jonah **does** something...

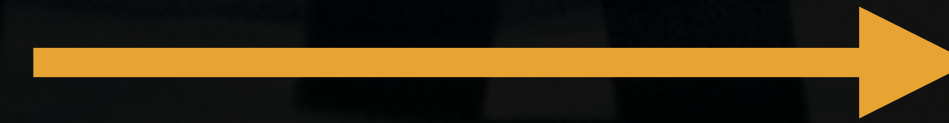
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I. Anger's Wrath v. 1

Jonah **sees** something...



Jonah **feels** something...

Jonah tells
himself a story

Jonah **does** something...

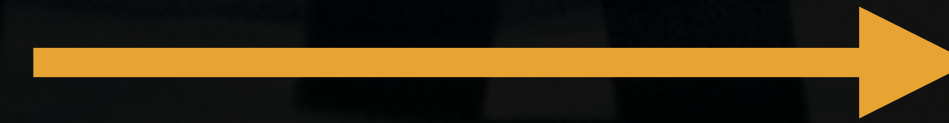
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I. Anger's Wrath v. 1

Jonah **sees** something...



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himself a story

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Jonah tells himself a story

What was the story Jonah was telling himself?

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Jonah tells himself a story

What was the story Jonah was telling himself?

What is the story I'm telling myself?

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II. Anger's Roots v. 2

2 And he prayed to the Lord and said, O Lord, is not this what I said when I was yet in my country? That is why I made haste to flee to Tarshish; for I knew that you are a gracious God and merciful, slow to anger and abounding in steadfast love, and relenting from disaster.

engulfed by God's mercy and grace **Jonah 4:2**



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II. Anger's Roots v. 2

2 And he prayed to the Lord and said, O Lord, is not this what I said when I was yet in my country? That is why I made haste to flee to Tarshish; for I knew that you are a **gracious** God and **compassionate, slow to anger** and abounding in **steadfast love**, and relenting from disaster.

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Jonah 4:2



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II. Anger's Roots v. 2

Root problem 1: Resentment

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II. Anger's Roots v. 2

Root problem 1: Resentment

Application:

Do you have your own Nineveh to whom you believe God's special love should not be extended to? Who are they? And why?



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II. Anger's Roots v. 2

Root problem 1: Resentment

“The good people are in and the bad people, who are the real problem with the world, are out.”

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II. Anger's Roots v. 2

Root problem 1: Resentment

“And he said to him, Your brother has come, and your father has killed the fattened calf, because he has received him back safe and sound. 28 **But he was angry** and refused to go in. His father came out and entreated him,

Luke 15:27,28



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II. Anger's Roots v. 2

Root problem 1: Resentment

Principle: Joy and Resentment cannot co-exist.

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II. Anger's Roots v. 2

Root problem 1: Resentment

v. 26 “However, two men, whose names were Eldad and Medad, had remained in the camp. They were listed among the elders, but did not go out to the Tent. Yet the Spirit also rested on them, and they prophesied in the camp. A young man ran and told Moses, ‘Eldad and Medad are prophesying in the camp.’ v. 28 Joshua son of Nun, who had been Moses’ aide since youth, spoke up and said, ‘Moses, my lord, stop them!’v. 29 But Moses replied, ‘Are you jealous for my sake? I wish that all the Lord’s people were prophets and that the Lord would put his Spirit on them!’”

Numbers 11:26-29



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II. Anger's Roots v. 2

Root problem 1: Resentment

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II. Anger's Roots v. 2

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Application:

Do you have your own Nineveh to whom you believe God's special love should not be extended to? Who are they? And why?



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“Even as the angry vengeful thoughts boiled through me, I saw the sin of them. Jesus Christ had died for this man; was I going to ask for more? Lord Jesus, I prayed, forgive me and help me to forgive him....Jesus, I cannot forgive him. Give me your forgiveness....And so I discovered that it is not on our forgiveness any more than on our goodness that the world's healing hinges, but on His. When He tells us to love our enemies, He gives along with the command, the love itself.” - Corrie Ten Boom



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Application:

Do you have your own Nineveh to whom you believe God's special love should not be extended to? Who are they? And why?

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II. Anger's Roots v. 2

Root problem 1: Resentment

Root problem 2: **Self-righteous**

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II. Anger's Roots v. 2

Root problem 2: Self-righteous

“If I live a good life I should get a good life.”

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II. Anger's Roots v. 2

Root problem 2: Self-righteous

“If I live a good life I should get a good life.”

“Those who pay regard to vain idols forsake their hope of steadfast love. 9 But I with the voice of thanksgiving will sacrifice to you; what I have vowed I will pay.”

Jonah 2:8-9



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II. Anger's Roots v. 2

Root problem 2: Self-righteous

“What are the root things in our lives are are generating anger?”

Is it a blocked goal?

Is it a an unmet expectation?

Is it God you owe me?



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God turned from his anger and Jonah turns to anger.

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III. Anger's Results vv. 3-4

“Without that - I have no desire to go on,” and/or “I won’t serve you, God, if you don’t give me _____?”

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III. Anger's Results vv. 3-4

3 Therefore now, O Lord, please take my life from me, for it is better for me to die than to live. 4 And the Lord said, Do you do well to be angry?

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III. Anger's Results vv. 3-4

3 Therefore now, O Lord, please take my life from me, for it is better for me to die than to live. 4 And the Lord said, Do you do well to be angry?

Have you ever said in your heart, “Without that - I have no desire to go on,” and/or “I won’t serve you, God, if you don’t give me _____?”



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What's the story you are going to listen to?

What's God's story?

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III. Anger's Results vv. 3-4

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What's the story you are going to listen to?

Does that story lead you to Christ?

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