

Breakout Part 1: Maximize the Moment

I. What Is a Breakout?

- a. A forcible escape, typically from prison
- b. A violent or forceful break from a restraining condition or situation
- c. Related to a sudden or smashing success especially in comparison to previous efforts
- d. A spread of something contagious
- e. A sudden advance to a new level

II. Maximizing the Moment

- a. Break out moments are all through the Bible:
 - i. *John 2:1-11* –Jesus’ first miracle
 - ii. *John 5:1-15* –The man who was by the pool of Bethesda for 38 years
 - iii. *1 Samuel 17* –David’s facing of Goliath

1 Samuel 17:48-58 NIV

⁴⁸ As the Philistine moved closer to attack him, David ran quickly toward the battle line to meet him. ⁴⁹ Reaching into his bag and taking out a stone, he slung it and struck the Philistine on the forehead. The stone sank into his forehead, and he fell facedown on the ground. ⁵⁰ So David triumphed over the Philistine with a sling and a stone; without a sword in his hand he struck down the Philistine and killed him. ⁵¹ David ran and stood over him. He took hold of the Philistine’s sword and drew it from the sheath. After he killed him, he cut off his head with the sword. When the Philistines saw that their hero was dead, they turned and ran. ⁵² Then the men of Israel and Judah surged forward with a shout and pursued the Philistines to the entrance of Gath^[a] and to the gates of Ekron. Their dead were strewn along the Shaaraim road to Gath and Ekron. ⁵³ When the Israelites returned from chasing the Philistines, they plundered their camp. ⁵⁴ David took the Philistine’s head and brought it to Jerusalem; he put the Philistine’s weapons in his own tent. ⁵⁵ As Saul watched David going out to meet the Philistine, he said to Abner, commander of the army, “Abner, whose son is that young man?” Abner replied, “As surely as you live, Your Majesty, I don’t know.” ⁵⁶ The king said, “Find out whose son this young man is.” ⁵⁷ As soon as David returned from killing the Philistine, Abner took him and brought him before Saul, with David still holding the Philistine’s head. ⁵⁸ “Whose son are you, young man?” Saul asked him. David said, “I am the son of your servant Jesse of Bethlehem.”

1 Samuel 16:21-22 NIV

David came to Saul and entered his service. Saul liked him very much, and David became one of his armor-bearers. ²² Then Saul sent word to Jesse, saying, "Allow David to remain in my service, for I am pleased with him."

III. Remember God Has Timing and Seasons

- a. *Ecclesiastes 3:1* - to everything there is a season
 - i. There are three kinds of relationships:
 - 1. A reason
 - 2. A season
 - 3. A lifetime

IV. Ingredients Needed for A Breakout

- a. Breakout thinking
- b. Breakout speaking
- c. Breakout anointing
 - i. What is the anointing?
 - 1. The burden-removing, yoke-destroying power of God
 - 2. The power of God that comes on your life enabling you to do supernatural things
 - ii. How to grow in the anointing:
 - 1. Pass your tests.
 - 2. Spend time with God.

V. Breakout Confession

- a. I am healthy, wealthy and wise.
I love God, He loves me, and I have what it takes.
The wind of God is at my back,
and now is my time for a *breakout*.